## PRAMS 1993-1995 Surveillance Report

## Pregnancy Risk Assessment Monitoring System

Table of Contents
I. Introduction
II. Overview of PRAMS Surveillance Report
III. Questionnaire Design
IV. PRAMS Highlights
V. Unintended Pregnancy
VI. Birth Control Use Before and After Pregnancy
VII. Prenatal Care
a. Barriers to Prenatal Care
b. Sources of Prenatal Care
c. Method of Payment
d. Educational Components
VIII. Health Risk Behaviors
a. Drinking Before and During Pregnancy
b. Smoking Before and During Pregnancy
c. Smoking After Delivery
IX. Psychosocial Stressors
a. Stressors
b. Social Support
c. Violence
X. Well Baby Care
a. Desired number of visits
b. Source of Well Baby Care
XI. Breastfeeding
a. Early Post-partum period
b. Reasons for not breastfeeding
XII. Economic Status
a. Sources of Family Income
b. Medicaid Status - Beginning of Pregnancy and At time of Delivery
XIII. Technical Notes
a. Sampling Design
b. Estimating standard errors
c. Weighting of data
d. Response Rates

## Introduction

The Pregnancy Risk Assessment Monitoring System (PRAMS) was developed in 1988 by the Centers for Disease Control and Prevention (CDC) to assess the impact of maternal behavior, both before and during pregnancy, as well as access to and comprehensiveness of prenatal care on pregnancy outcomes and the health of the newborn infant.

New York State received funding from a cooperative agreement with CDC and began data collection in June 1993. The PRAMS survey is designed to collect data on live births to women who live in New York State, excluding New York City. The PRAMS questionnaire is sent out two to six months after delivery to a sample of approximately 200 mothers per month who are selected from the state's live birth registry. A stratified random sampling approach is followed to ensure that the data are representative of the population and to permit comparisons among certain population subgroups. In order to maximize the rate of response, each woman is sent up to three copies of the questionnaire by mail. If a response is not received, attempts are made to contact the mother by telephone.

A total of 4,679 surveys were sent out between 1993 and 1995, with a response rate of 72.2 percent, or 3,376 completed surveys. The rate of response has increased each year, starting at 70.4 percent in 1993 and reaching 73.5 percent in 1995, the final year of data covered in this report.

PRAMS questionnaires are matched with corresponding birth certificates to create a PRAMS analytic file. This file is weighted by CDC to adjust for various probabilities of sampling, as well as nonresponse. For analysis of the PRAMS data, CDC uses a special statistical package called SUDAAN (Software for Survey Data Analysis).

## Overview of PRAMS Surveillance Report

New York State PRAMS data collection, as featured in this report, began in 1993 and includes all data collected in 1993, 1994 and 1995. The surveillance report is divided into seven main topic areas: Pregnancy Intention and Family Planning, Prenatal Care, Negative Health Behaviors (Smoking and Drinking), Stress and Social Support During Pregnancy, Well Baby Care, Breast-feeding and Socioeconomic Status.

Each topic area is organized in tables to present the prevalence of indicators based on maternal demographic characteristics from all years, and a graphical presentation of indicators and subgroup analysis in order to examine trends over time. The descriptive analyses use the following maternal characteristics: race (white, black,other), age (<20, 20-29,>= 30), education (0-11 years, 12 years, > 12 years), marital status (married, other), and Medicaid status (on Medicaid, not on Medicaid). Medicaid status is derived from three PRAMS Phase II questionnaire questions that ask about Medicaid status at the beginning of pregnancy, during the mother's prenatal care and at the time of delivery (Appendix A). If a respondent indicates that she was receiving Medicaid at any of these times, then she is considered to be on Medicaid.

Since a number of survey questions allow the mother to check more than one response, the data will not necessarily add up to 100 percent. When this is the case, a reference is made immediately following the table including this data.

Most of the data presented are simple descriptive statistics generated using the CDCdeveloped PRAMS On-line Data for Epidemiologic Research (PONDER). Thus only basic relationships among the data are reported. Much of the data available from PRAMS are not obtainable from other sources and, therefore, provide unique insight into maternal and
infant health issues in our state.

## Questionnaire Design

The PRAMS Questionnaire is divided into two parts: the core questions, which are included in the surveys of all states taking part in PRAMS, and the state-specific questions, which differ according to each state's selected areas of need.

The core questions make up the first 54 questions of the survey and cover such topics as:

- desired timing of pregnancy;
- previous history of pregnancy;
- negative health behaviors (smoking and drinking), both before and during pregnancy;
- prenatal care access and satisfaction;
- health of the newborn infant (NICU status, breast-feeding, etc.);
- economic status of the mother before pregnancy and at time of delivery.

The state-specific section, made up of questions 55 through 68, includes topics such as:

- birth control use before pregnancy and at time of survey;
- educational content of prenatal care;
- infant safety issues (use of a car safety seat, having a smoke alarm in the home);
- support systems available to mother throughout pregnancy;
- abuse, both physical and verbal, during the 12 months before delivery;
- physical stressors during pregnancy (exercise, climbing stairs, carrying more than 20 pounds, standing for more than two hours);
- household income in the year before delivery.


## PRAMS Highlights (1995)

- Approximately one-third of live births in Upstate New York were the result of unintended pregnancies.
- Twenty percent of Upstate New York women entered prenatal care after their first trimester.
- More than 30 percent of women reported that their doctor did not discuss the effects of smoking or drinking during pregnancy, and how they could affect the baby.
- Only about half of all women in New York reported that a doctor, nurse, or other health care worker discussed the importance of getting their blood tested for HIV.
- Twenty percent of New York women smoked while they were pregnant.
- Fifty-six percent of women in New York drank at least one alcoholic beverage per week in the three months before they became pregnant.
- Just over 8 percent of New York women drank during the last three months of pregnancy.
- $\quad$ Nine percent of Upstate New York women lost their jobs while pregnant despite a willingness to continue working.
- Eight percent of New York women were receiving public assistance during their most recent pregnancy. The majority of these women were black, less than 20 years of age and had less than a high school education.
- Almost 87 percent of women not receiving Medicaid during pregnancy were using birth control the three months prior to pregnancy, while only 12 percent of women on Medicaid during pregnancy reported using birth control at that time.
- Fifty-six percent of Upstate New York women breastfed their infants beyond the first week and 40.2 percent continued to breastfeed beyond the first month.
- The most commonly reported reason for not breastfeeding among New York women was because "they didn't want to."


## Data Highlights

- An unintended pregnancy, as defined in this survey, consists of women giving birth to a live infant who stated that they wanted to be pregnant at a later time, or did not want to be pregnant at that time or at any time in the future.
- About 33 percent of all women in New York stated that their pregnancy was unintended ( $33.4 \%$ in 1993, $30.3 \%$ in 1994, and $34.6 \%$ in 1995).


## Sociodemographic Differences

- Black mothers were twice as likely to report an unintended pregnancy than white mothers.
- Women younger than 20 years old reported an unintended pregnancy almost twice as often as those aged 20-29, and almost three times as often as those women older than 30.
- Women who had not completed high school were almost twice as likely to report an unintended pregnancy than women who had some education beyond high school.
- Unmarried women reported an unintended pregnancy twice as often as those women who were married.
- Women on Medicaid at the time of their pregnancy were more than twice as likely to report having an unintended pregnancy than women who were not on Medicaid.

Percent of Unintended * Pregnancies resulting in a Live Birth Among Upstate New York women

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 33.4 (2.4) | 30.3 (2.0) | 34.6 (1.7) |
| Race |  |  |  |
| White | 30.0 (2.4) | 27.3 (2.1) | 32.3 (1.8) |
| Black | 62.8 (7.5) | 62.1 (6.6) | 60.6 (6.1) |
| Other | 23.7 (14.5) | 17.1 (8.5) | 18.7 (7.9) |
| Age |  |  |  |
| <20 years old | 72.3 (9.2) | 66.5 (7.6) | 71.5 (6.5) |
| 20-29 years old | 36.3 (3.3) | 30.1 (2.8) | 37.9 (2.6) |
| >= 30 years old | 24.4 (3.1) | 21.9 (2.7) | 25.0 (2.3) |
| Education |  |  |  |
| 0-11 years | 55.7 (7.7) | 49.7 (7.1) | 51.7 (5.5) |
| 12 years | 36.6 (4.3) | 35.9 (3.6) | 38.2 (3.2) |
| >12 years | 26.4 (2.8) | 22.0 (2.3) | 26.7 (2.1) |
| Marital Status |  |  |  |
| Married | 28.6 (2.5) | 21.7 (2.0) | 26.3 (1.8) |
| Other | 41.6 (4.7) | 56.7 (4.7) | 61.1 (3.9) |
| Medicaid Status |  |  |  |
| On Medicaid | 49.4 (4.9) | 48.0 (4.1) | 56.3 (3.4) |
| Not on Medicaid | 26.6 (2.6) | 21.8 (2.1) | 25.1 (1.8) |

* An unintended pregnancy includes women stating they wanted to be pregnant later, or did not want to be pregnant at that time or at any time in the future.


## Data Highlights

- Just over one-third of women surveyed reported that they were using some form of birth control in the three months prior to becoming pregnant.
- Of those women who reported using birth control in 1995, the most common method used was condoms (58.0\%), followed by withdrawal (28.2\%) and the pill (27.4\%).
- Among women who were not using birth control in 1995, the most common reasons given were " I wanted to get pregnant" (65.2\%) and "I didn’t think I could get pregnant" (15.2\%).


## Sociodemographic Differences

1995

- A little more than one third of women (36.6\% of white women and $35.6 \%$ of black women) reported using birth control during the three months before becoming pregnant.
- Almost 42 percent of women less than 20 years old reported that they had been using birth control, while only 31.8 percent of those aged 30 and older were doing so.
- Thirty-three percent of women who completed high school reported using birth control the three months prior to becoming pregnant, while 38.1 percent of women with more than a high school education used birth control in that time period.
- Married women reported birth control use less often than unmarried women.
- Only 33.6 percent of women recieving Medicaid reported using birth control. Slightly more women (36.1\%) not receiving Medicaid were using birth control prior to becoming pregnant.

Percent of Women Using Birth Control in Three Months Before Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 35.4 (2.3) | 33.9 (2.0) | 35.9 (1.7) |
| Race |  |  |  |
| White | 35.2 (2.5) | 33.1 (2.1) | 36.6 (1.8) |
| Black | 31.5 (6.8) | 36.6 (6.7) | 35.6 (5.6) |
| Age |  |  |  |
| < 20 years old | 44.0 (10.7) | 39.0 (8.1) | 41.9 (6.5) |
| 20-29 years old | 34.5 (2.6) | 34.4 (2.3) | 35.9 (1.9) |
| >= 30 years old | 37.2 (6.0) | 26.7 (4.9) | 31.8 (4.3) |
| Education |  |  |  |
| $<12$ years | 30.4 (6.7) | 27.5 (6.0) | 34.7 (5.0) |
| 12 years | 32.8 (4.1) | 36.7 (3.6) | 33.1 (2.9) |
| $>12$ years | 38.7 (3.2) | 33.3 (2.6) | 38.1 (2.2) |
| Marital Status |  |  |  |
| Married | 35.9 (2.6) | 32.8 (2.3) | 34.9 (1.8) |
| Other | 34.6 (4.4) | 37.3 (4.4) | 38.6 (3.6) |
| Medicaid Status |  |  |  |
| On Medicaid | 35.0 (5.9) | 30.9 (5.1) | 33.6 (4.6) |
| Not on Medicaid | 35.0 (2.5) | 34.4 (2.2) | 36.1 (1.8) |

## Birth Control Use - At Time of Survey

## Data Highlights

- More women were using birth control at the time of the survey than in the period before conception. After delivery, a little more than two thirds of women ( $67.8 \%$ in 1995) stated that they were using some method of birth control, almost double of what was reported prior to becoming pregnant.


## Sociodemographic Differences

- The percentage of white women who reported using birth control (69.6\% in 1993, 69.8\% in 1994 and $68.5 \%$ in 1995) was higher than the percentage of black women (50.1\% in $1993,60.3 \%$ in 1994 and $60.8 \%$ in 1995).
- Educational attainment was moderately predictive of birth control use at the time of the survey. Women with education beyond high school were more likely to report birth control use than women who had not completed high school ( $71.7 \%$ vs. $62 \%$ in 1995).
- In 1995, married women were more likely to report using birth control at the time of the survey (70.0\%) than women who were not married (60.9\%).
- In 1995, 69.1 percent of women not receiving Medicaid stated that they were using birth control, while only 58.8 percent of women on Medicaid reported birth control use.

Percent of Women Using Birth Control at Time of Survey by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 66.8 (2.3) | 68.8 (2.0) | 67.8 (1.6) |
| Race |  |  |  |
| White | 69.6 (2.4) | 69.8 (2.1) | 68.5 (1.7) |
| Black | 50.1 (7.6) | 60.3 (6.7) | 60.8 (5.9) |
| Age |  |  |  |
| < 20 years old | 72.7 (9.1) | 72.9 (7.0) | 68.9 (6.4) |
| 20-29 years old | 69.1 (2.3) | 69.6 (2.3) | 68.2 (1.8) |
| > 30 years old | 51.3 (6.2) | 60.2 (5.2) | 64.8 (4.3) |
| Education |  |  |  |
| 0-11 years | 64.6 (7.0) | 55.6 (6.8) | 62.0 (5.1) |
| 12 years | 64.8 (4.2) | 72.8 (3.2) | 64.7 (3.0) |
| > 12 years | 69.5 (3.1) | 69.3 (2.6) | 71.7 (2.1) |
| Marital Status |  |  |  |
| Married | 69.7 (2.6) | 70.9 (2.2) | 70.0 (1.8) |
| Other | 61.9 (4.5) | 62.4 (4.4) | 60.9 (3.7) |
| Medicaid Status |  |  |  |
| On Medicaid | 68.1 (5.6) | 69.0 (5.4) | 58.8 (4.8) |
| Not on Medicaid | 66.4 (2.6) | 68.5 (2.1) | 69.1 (1.7) |

## Data Highlights

- In 1995, only 68.1 percent of women with less than a high school education reported obtaining prenatal care in their first trimester.


## Sociodemographic Differences

- In 1995, 84.8 percent of white women reported entering prenatal care in their first trimester of pregnancy, compared to 68.9 percent of black women.
- Women 30 years of age and older were more likely to receive prenatal care in the first trimester ( $85.2 \%$ in 1993, 86.1\% in 1994 and $88.3 \%$ in 1995), than women less than 20 years of age ( $63.7 \%$ in $1993,46.0 \%$ in 1994 and $64.9 \%$ in 1995).
- As a woman's level of education increases, her probability of receiving prenatal care in the first trimester also increases. In 1995, 68.1 percent of those with less than 12 years of education entered prenatal care in the first trimester, while 89.7 percent of those with greater than a high school education entered care early.
- In 1995, married women were more likely to report entering prenatal care in their first trimester (87.7\%) of pregnancy than women with other marital status (69.1\%).
- Women on Medicaid were less likely to enter care in the first trimester than nonMedicaid women (67.9\% vs 89.6\%) in 1995.

Percent of Women Entering Prenatal Care During First Trimester of Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 80.0 (1.9) | 77.0 (1.9) | 83.0 (1.4) |
| Race |  |  |  |
| White | 81.9 (2.0) | 79.9 (1.9) | 84.8 (1.4) |
| Black | 65.7 (6.9) | 53.4 (6.8) | 68.9 (5.6) |
| Other | 83.3 (10.6) | 61.6 (16.0) | 76.4 (8.4) |
| Age |  |  |  |
| <20 years old | 63.7 (9.8) | 46.0 (7.9) | 64.9 (6.4) |
| 20-29 years old | 77.9 (2.8) | 75.2 (2.8) | 81.0 (2.1) |
| >30 years old | 85.2 (2.5) | 86.1 (2.1) | 88.3 (1.7) |
| Education |  |  |  |
| 0-11 years | 59.6 (7.2) | 55.9 (6.8) | 68.1 (4.9) |
| 12 years | 81.3 (3.5) | 70.5 (3.4) | 79.8 (2.5) |
| >12 years | 83.9 (2.3) | 87.7 (1.8) | 89.7 (1.5) |
| Marital Status |  |  |  |
| Married | 82.9 (2.1) | 83.9 (1.8) | 87.7 (1.3) |
| Other | 75.3 (3.8) | 57.0 (4.5) | 69.1 (3.5) |
| Medicaid Status |  |  |  |
| On Medicaid | 65.4 (4.5) | 55.2 (4.0) | 67.9 (3.1) |
| Not on Medicaid | 86.5 (1.8) | 87.6 (1.7) | 89.6 (1.3) |

## Data Highlights

- When asked whether they received prenatal care as early in their pregnancy as they wanted, the majority of women ( $87.9 \%$ in 1993, $84.7 \%$ in 1994 and $85.7 \%$ in 1995) responded that they had.
- In 1995, 91.8 percent responded that they had had as many prenatal care visits as they wanted.
- In 1995, 4.6 percent of women stated that they had wanted more prenatal care visits. Of these, not having enough money to pay for the visit (16.8\%) and having no transportation $(13.4 \%)$ were the most frequently reported reasons for not receiving the desired number of visits.


## Data Highlights

- The most common source of prenatal care was a private doctor's office or HMO, with more than 70 percent of women reporting these sources as their primary care location.
- There was an increasing trend over the three years in the percentage of mothers receiving prenatal care at community health Centers.


## Sociodemographic Differences

For the years 1993-1995:

- Black women were three times as likely as white women to use a hospital clinic as their source of prenatal care, while white women were almost twice as likely as black women to go to a private MD or an HMO for prenatal care.
- Women who had higher levels of education were much more likely to receive their care from an MD/HMO, while women with less than a high school education were more likely to attend a hospital clinic or community health center for their care.
- Married women were more likely to report seeing an MD/HMO than were unmarried women.

Percent of Women Obtaining Prenatal Care from an MD/HMO or Hospital Clinic by Demographics

| Maternal |  | MD/HMO |  | Hospital Clinic |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Demographics | 1993 | 1994 | 1995 | 1993 | 1994 | 1995 |
| Total | 79.1 (2.1) | 74.5 (2.0) | 76.5 (1.5) | 12.0 (1.7) | 16.3 (1.7) | 11.9 (1.2) |
| Race |  |  |  |  |  |  |
| White | 83.6 (2.1) | 79.0 (2.0) | 81.2 (1.5) | 9.3 (1.7) | 13.7 (1.7) | 9.3 (1.1) |
| Black | 46.6 (7.9) | 39.3 (6.7) | 38.0 (5.8) | 29.9 (6.6) | 40.6 (6.8) | 35.5 (5.8) |
| Other | 56.5 (17.0) | 42.4 (14.1) | 68.2 (9.6) | 32.2 (17.3) | 19.8 (9.5) | 15.6 (7.9) |
| Age |  |  |  |  |  |  |
| <20 | 63.3 (10.1) | 36.6 (7.9) | 38.6 (6.6) | 6.1 (1.9) | 38.1 (7.8) | 30.4 (6.1) |
| 20-29 | 73.9 (3.1) | 71.4 (2.9) | 69.6 (2.5) | 16.5 (2.7) | 18.9 (2.6) | 15.2 (1.9) |
| $>=30$ | 88.5 (2.3) | 86.4 (2.2) | 90.1 (1.6) | 6.1 (1.8) | 8.4 (1.8) | 5.3 (1.2) |
| Education |  |  |  |  |  |  |
| 0-11 years | 50.1 (7.7) | 36.2 (6.8) | 45.8 (5.3) | 30.4 (7.3) | 46.0 (7.0) | 21.7 (4.2) |
| 12 years | 73.8 (3.9) | 67.1 (3.5) | 67.7 (3.0) | 14.0 (2.9) | 20.2 (2.9) | 16.6 (2.4) |
| > 12 years | 89.0 (2.2) | 89.9 (1.7) | 90.8 (1.4) | 6.4 (1.8) | 6.2 (1.4) | 5.7 (1.2) |
| Marital Status |  |  |  |  |  |  |
| Married | 86.5 (2.0) | 86.4 (1.7) | 86.7 (1.4) | 7.3 (1.5) | 8.5 (1.4) | 6.4 (1.0) |
| Other | 66.7 (4.4) | 39.5 (4.4) | 45.1 (3.8) | 19.7 (3.6) | 39.1 (4.6) | 28.7 (3.4) |
| Medicaid |  |  |  |  |  |  |
| On Medicaid | 42.7 (4.7) | 36.2 (3.9) | 37.9 (3.3) | 35.3 (4.5) | 42.9 (4.0) | 33.3 (3.1) |
| Not on Medicaid | 95.2 (1.2) | 92.3 (1.5) | 93.1 (1.1) | 1.6 (.6) | 3.9 (1.1) | 2.6 (.7) |

## Prenatal Care - Method of Payment

## Data Highlights

- The major source of payment for prenatal care was insurance, with an increase seen over the three years ( $65.4 \%$ in 1993, $67.9 \%$ in 1994 and $71.6 \%$ in 1995).
- $\quad$ The second and third largest sources of payment were Medicaid and personal income.
- There was a decline in the number of women reporting personal income as a method of payment, from 24.6 percent in 1993 to 17 percent in 1995.
- A decline was also seen in the percentage of mothers who reported they still owed money for their prenatal care, from 7.9 percent in 1994 to 4.6 percent in 1995.


## Data Highlights

- The majority of women whose prenatal care was paid for by insurance or personal income received their care from an MD or HMO.
- Of the women whose prenatal care was paid for by Medicaid, the largest source of care in all three years of data was a hospital clinic; an MD or HMO was the second largest source of care for these women.
- In 1993, 76.2 percent of mothers who still owed for their prenatal care had received that care from an MD/HMO and less than 1 percent reported attending a community health center. However, in 1995, a change in both of these numbers was observed when 59.1 percent of these women received their care from an MD/HMO and 13.8 percent from a community health center.


## Data Highlights

- Less than 70 percent of women reported that their doctor discussed the effects of smoking during pregnancy, and only slightly more reported that their doctors discussed how alcohol could affect their baby.
- A large percentage of women (88.5\% in 1993, $85.1 \%$ in 1994 and $85.2 \%$ in 1995) reported that proper nutrition was discussed with them by their physician, nurse or other health care worker during prenatal care visits.
- Slightly more than half of Upstate New York women reported that their health care worker talked to them about getting tested for $\operatorname{HIV}$ ( $54.5 \%$ in 1993, 50.5\% in 1994 and $54.9 \%$ in 1995).
- Almost 100 percent of women reported that their doctor, nurse or other health care worker discussed with them the importance of taking prenatal vitamins.


## Sociodemographic Differences

- For 1994 and 1995, women who were older and more educated were less likely to report that a health care worker discussed with her the effects of smoking and drinking during pregnancy.
- A slightly larger percentage of black women than white women reported that their provider talked about the effects of smoking and drinking during pregnancy.
- Women who were not married were more likely to report that their health care provider discussed the effects of smoking, drinking and proper nutrition during pregnancy.
- Women on Medicaid reported more often that their health care provider discussed smoking, drinking and proper nutrition during pregnancy.

Smoking, Drinking and Proper Nutrition Discussed by Health Care Workers by Demographics

| Maternal | Smoking |  |  |  | Drinking |  |  | Nutrition |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Demographics | 1993 | 1994 | 1995 | 1993 | 1994 | 1995 | 1993 | 1994 | 1995 |
|  | \% (SE) | \% (SE) | \%(SE) | \% (SE) | \% (SE) | \% (SE) | \% (SE) | \% (SE) | \% (SE) |
| Total | 69.3 (2.3) | 68.0 (2.0) | 67.3 (1.6) | 72.9 (2.2) | 69.2 (2.0) | 69.0 (1.6) | 88.5 (1.6) | 85.1 (1.5) | 85.2 (1.2) |
| Race |  |  |  |  |  |  |  |  |  |
| White | 68.1 (2.5) | 65.7 (2.1) | 66.0 (1.8) | 72.4 (2.4) | 68.3 (2.1) | 67.9 (1.7) | 89.0 (1.5) | 84.3 (1.6) | 84.6 (1.3) |
| Black | 83.5 (7.4) | 85.4 (4.4) | 79.4 (4.9) | 80.8 (7.6) | 74.1 (6.4) | 76.6 (5.3) | 85.9 (7.3) | 89.9 (3.9) | 89.6 (3.8) |
| Other | 55.9 (18.1) | 87.0 (7.4) | 77.9 (7.9) | 54.1 (17.0) | 82.9 (8.5) | 81.3 (7.3) | 81.4 (12.2) | )93.8 (4.8) | 91.9 (5.3) |
| Age |  |  |  |  |  |  |  |  |  |
| <20 years old | 72.2 (11.1) | 89.7 (4.8) | 94.9 (2.8) | 61.1 (11.8) | 89.0 (4.8) | 89.1 (4.2) | 75.9 (10.5) | 95.1 (2.7) | 91.1 (3.9) |
| 20-29 years old | 73.5 (3.1) | 74.0 (2.7) | 70.3 (2.4) | 78.9 (2.8) | 72.5 (2.8) | 72.0 (2.3) | 90.2 (2.1) | 88.1 (2.0) | 86.7 (1.8) |
| >=30 years old | 62.8 (3.5) | 56.7 (3.1) | 59.3 (2.5) | 65.7 (3.5) | 61.4 (3.0) | 62.3 (2.4) | 87.7 (2.3) | 79.7 (2.5) | 82.7 (1.9) |
| Education |  |  |  |  |  |  |  |  |  |
| 0-11 years | 82.5 (6.1) | 92.2 (3.9) | 84.0 (3.9) | 82.3 (6.4) | 86.0 (5.3) | 77.1 (4.6) | 93.5 (4.1) | 94.4 (3.1) | 91.8 (3.0) |
| 12 years | 75.0 (3.8) | 74.2 (3.2) | 69.5 (2.9) | 74.9 (3.8) | 72.9 (3.2) | 72.4 (2.8) | 84.4 (3.4) | 88.0 (2.3) | 87.9 (2.0) |
| > 12 years | 62.5 (3.3) | 57.7 (2.8) | 60.8 (2.3) | 69.7 (3.1) | 62.1 (2.7) | 64.7 (2.2) | 90.7 (1.7) | 80.6 (2.3) | 81.6 (1.8) |
| Marital Status |  |  |  |  |  |  |  |  |  |
| Married | 66.8 (2.6) | 61.8 (2.3) | 61.5 (1.9) | 71.4 (2.5) | 65.5 (2.3) | 64.9 (1.9) | 88.7 (1.7) | 83.1 (1.8) | 83.8 (1.4) |
| Other | 73.5 (4.4) | 87.0 (3.0) | 84.4 (2.7) | 75.2 (4.2) | 80.3 (3.7) | 81.2 (3.0) | 88.3 (3.1) | 91.1 (2.6) | 89.5 (2.4) |
| Medicaid Status |  |  |  |  |  |  |  |  |  |
| On Medicaid | 88.6 (2.9) | 89.0 (2.4) | 82.3 (2.6) | 87.4 (3.0) | 83.8 (3.0) | 81.5 (2.6) | 91.6 (2.6) | 92.3 (2.0) | 89.7 (2.1) |
| Not on Medicaid | 60.7 (2.9) | 58.2 (2.5) | 60.7 (2.0) | 66.4 (2.8) | 62.4 (2.4) | 63.4 (2.0) | 87.2 (1.9) | 81.8 (1.9) | 83.3 (1.5) |

## Data Highlights

- Just over half of the mothers surveyed reported drinking alcohol in the three months before becoming pregnant ( $56.6 \%$ in 1993, $55.8 \%$ in 1994 and $56.1 \%$ in 1995).


## Sociodemographic Differences

- White women were more likely to report drinking ( $58.3 \%$ in 1995) in the three months prior to pregnancy than black women (41.2\% in 1995).
- For all three years, about twice as many women 20 years of age and older reported that they drank in the three months before becoming pregnant as women under 20.
- As the number of years of education increase, the percentage of women reporting alcohol use in the three months prior to pregnancy also increases.
- A higher percentage of married women reported drinking than did women who were not married (58.8\% vs. $47.2 \%$ in 1995).
- In 1995, the percentage of women on Medicaid who reported drinking prior to pregnancy rose to 42.5 percent from 38.3 percent in 1994. Women not on Medicaid, however, were still more likely to report drinking at this time than women on Medicaid (61.8\% in 1995).

Percent of Mothers Who Drank During Three Months Before Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :--- | :--- | :--- | :--- |
| Demographics | \%(SE) | \%(SE) |  |
| Total (SE) |  |  |  |

Race

| White | $60.0(2.7)$ |
| :--- | :--- |
| Black | $37.6(8.0)$ |
| Other | $26.7(15.7)$ |

57.9 (2.4)
58.3 (1.9)
44.0 (7.1)
15.5 (10.0)
41.2 (6.1)
35.8 (9.7)

Age

| $<20$ years old | $34.6(10.7)$ | $23.3(7.2)$ | $28.5(6.3)$ |
| :--- | :--- | :--- | :--- |
| $20-29$ years old | $55.6(3.5)$ | $56.0(3.3)$ | $55.7(2.6)$ |
| $>=30$ years old | $60.8(3.7)$ | $62.4(3.1)$ | $61.1(2.5)$ |

Education]

| $0-11$ years | $26.8(6.7)$ |
| :--- | :--- |
| 12 years | $49.0(4.5)$ |
| $>12$ years | $68.1(3.1)$ |

27.3 (6.0)
27.6 (4.8)

12 years
$>12$ years
68.1 (3.1)
54.6 (3.9)
64.7 (2.8)
51.2 (3.2)
66.1 (2.2)

Marital Status
Married
Other
59.6 (2.8)
51.8 (4.8)
59.6 (2.5)
44.5 (4.9)
58.8 (2.0)
47.2 (3.9)

Medicaid Status
On Medicaid $\quad 37.0$ (4.7)
38.3 (4.1)
42.5 (3.4)

Not on Medicaid 65.3 (2.7)
63.4 (2.5)
61.8 (2.0)

## Health Risk Behaviors - Drinking During Pregnancy

## Data Highlights

- Less than 10 percent of women surveyed reported drinking during the last three months of their pregnancy.


## Sociodemographic Differences

- In 1995, women 30 years of age and older were more than twice as likely (12.1\%) to report drinking during pregnancy as younger women (4.6\% among those $<20$ years old, and $4.7 \%$ among women 20-29 years old).
- Women not receiving Medicaid were up to three times more likely to report drinking during the last three months of pregnancy than women who were receiving Medicaid.

Percent of Mothers Who Drank During the Last Three Months of Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 9.7 (1.5) | 7.8 (1.2) | 8.1 (.9) |
| Race |  |  |  |
| White | 10.6 (1.7) | 7.9 (1.2) | 8.0 (1.0) |
| Black | 4.9 (2.5) | 8.5 (5.1) | 12.2 (4.1) |
| Other | . 6 (.5) | 0 (0) | . 2 (.2) |
| Age |  |  |  |
| $<20$ years old | 1.5 (.8) | 1.0 (.4) | 4.6 (2.9) |
| 20-29 years old | 7.4 (2.1) | 4.2 (1.4) | 4.7 (1.1) |
| >= 30 years old | 14.0 (2.4) | 13.2 (2.1) | 12.1 (1.7) |
| Education |  |  |  |
| 0-11 years | 3.2 (2.2) | 6.8 (3.6) | . 9 (.3) |
| 12 years | 6.4 (1.9) | 4.3 (1.3) | 5.5 (1.5) |
| 12 years | 13.3 (2.4) | 10.0 (1.8) | 12.0 (1.6) |
| Marital Status |  |  |  |
| Married | 11.0 (1.7) | 8.7 (1.4) | 9.7 (1.2) |
| Other | 7.6 (2.7) | 4.9 (2.2) | 3.2 (1.3) |
| Medicaid |  |  |  |
| On Medicaid | 3.4 (1.4) | 4.2 (1.8) | 3.3 (1.1) |
| Not on Medicaid | 12.6 (2.0) | 9.4 (1.5) | 10.2 (1.3) |

## Data Highlights

- Just under one-third of women surveyed reported that they smoked in the three months prior to becoming pregnant ( $27.8 \%$ in $1993,32.3 \%$ in 1994 and $30.6 \%$ in 1995).


## Sociodemographic Differences

- More women less than 20 years old reported smoking in 1995 than women age 30 and older (41.7\% vs. 21.2\%).
- Women with more than a high school education were half as likely to report smoking as women who had less education.
- Unmarried women reported that they smoked before becoming pregnant almost twice as often as married women.
- Women not on Medicaid were less likely to report smoking during the three months prior to pregnancy than women who were receiving Medicaid.

Percent of Mothers Smoking During Three Months Before Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :--- | :--- | :--- | :--- |
| Demographics | \%(SE) | \%(SE) | \%(SE) |
| Total | $27.8(2.3)$ | $32.3(2.0)$ | $30.6(1.6)$ |

Race
White
Black
Other
28.8 (2.5)
27.8 (7.6)
. 5 (.5)
32.7 (2.2)
31.2 (1.8)
30.4 (6.5)
25.0 (5.0)
19.4 (10.3)
21.6 (9.1)

Age

| $<20$ years old | $32.3(10.8)$ | $40.0(8.0)$ | $41.7(6.8)$ |
| :--- | :--- | :--- | :--- |
| $20-29$ years old | $34.6(3.4)$ | $36.7(3.1)$ | $37.9(2.5)$ |
| $>=30$ years old | $17.0(2.7)$ | $25.8(2.7)$ | $21.2(2.1)$ |

Education
$0-11$ years
12 years
$>12$ years
Marital Status
Married
Other
Medicaid Status
On Medicaid
Not on Medicaid
49.5 (7.8)
37.8 (4.3)
16.9 (2.5)
20.5 (2.2)
40.1 (4.6)
46.8 (4.8)
19.8 (2.4)
44.9 (6.9)
43.5 (3.7)
22.1 (2.4)
27.8 (2.2)
46.1 (4.6)
44.4 (4.0)
26.6 (2.3)
43.5 (3.4)
25.1 (1.8)

## Data Highlights

- Although the percentage of women reporting that they smoked during pregnancy was lower than those who smoked before becoming pregnant, approximately 20 percent of the women continued to smoke during the last three months of their pregnancy (19.5\% in 1993, $22.5 \%$ in 1994 and $19.7 \%$ in 1995).


## Sociodemographic Differences

- $\quad$ The percentage of black women who reported that they smoked during the last three months of pregnancy decreased from 28.9 percent in 1994 to 15.1 percent in 1995, while the percentage of white women reporting smoking during the last three months of pregnancy remained about the same in all three years of data (19.1\% in 1993, 22.3\% in 1994 and $20.6 \%$ in 1995).
- Younger women (<30 years of age) smoked during and after pregnancy at a much higher percentage than women 30 or older.
- In 1995, a woman with less than a high school education was more than three times as likely to smoke during pregnancy (35.3\%) than a woman who attended some school beyond high school (11.1 \%).
- Women receiving Medicaid reported smoking during pregnancy more than twice as often than those who were not on Medicaid for all three years reported.

Percent of Mothers Who Smoked During the Last Three Months of Pregnancy by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \%(SE) | \%(SE) | \%(SE) |
| Total | 19.5 (2.0) | 22.5 (1.9) | 19.7 (1.4) |
| Race |  |  |  |
| White | 19.1 (2.1) | 22.3 (2.0) | 20.6 (1.6) |
| Black | 27.9 (7.7) | 28.9 (6.4) | 15.1 (4.0) |
| Other | 0 (0) | 6.5 (5.3) | 5.2 (4.7) |
| Age |  |  |  |
| $<20$ years old | 28.2 (10.2) | 27.5 (6.8) | 28.8 (6.1) |
| 20-29 years old | 23.4 (3.0) | 26.4 (2.9) | 24.8 (2.3) |
| >=30 years old | 2.9 (2.5) | 16.9 (2.4) | 12. |
| Education |  |  |  |
| 0-11 years | 46.2 (7.6) | 40.9 (6.5) | 35.3 (5.0) |
| 12 years | 27.2 (4.0) | 30.4 (3.4) | 26.8 (2.8) |
| > 12 years | 8.4 (1.7) | 12.6 (2.0) | 11.1 (1.5) |
| Marital Status |  |  |  |
| Married | 13.9 (2.0) | 17.8 (1.9) | 14.1 (1.4) |
| Other | 29.0 (4.1) | 36.2 (4.4) | 36.0 (3.6) |
| Medicaid Status |  |  |  |
| On Medicaid | 39.5 (4.6) | 34.7 (3.8) | 34.2 (3.2) |
| Not on Medicaid | 11.1 (1.9) | 16.6 (2.0) | 13.2 (1.4) |

## Data Highlights

- The percentage of women smoking after delivery was higher than the percentage of women smoking during pregnancy, although not as great as the percentage who reported smoking before becoming pregnant. In 1995, 27.6 percent of women said they smoked in the months after they delivered their baby compared with the 19.7 percent who smoked during pregnancy and 30.6 percent who smoked before becoming pregnant.


## Sociodemographic Differences

- In 1993 and 1994, black women reported smoking after delivery at higher percentages than white women. However, in 1995 the opposite was true when the percentage of black women who smoked after delivery dropped to 23.4 percent and that of white women rose to 28.1 percent.
- In 1995, more than one-third of women less than 20 years old reported smoking after delivery , while less than 19 percent of women 30 years and older smoked.
- Women with less than 12 years of education smoked after delivery about three times as often as those with at least some education beyond high school.
- Unmarried women and women on Medicaid were twice as likely to report that they smoked after delivery of their baby compared to women who were married and those who were not receiving Medicaid.

Percent of Mothers Who Smoked After Delivery by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 24.2 (2.2) | 26.4 (1.9) | 27.6 (1.6) |
| Race |  |  |  |
| White | 24.0 (2.3) | 26.6 (2.1) | 28.1 (1.7) |
| Black | 31.6 (7.5) | 30.2 (6.4) | 23.4 (4.9) |
| Other | . 8 (.6) | 6.0 (5.3) | 25.4 (9.3) |
| Age |  |  |  |
| < 20 years old | 32.9 (10.7) | 36.1 (7.4) | 37.8 (6.5) |
| 20-29 years old | 30.4 (3.3) | 31.0 (3.0) | 34.0 (2.5) |
| >= 30 years old | 14.1 (2.5) | 19.0 (2.5) | 18.9 (2.0) |
| Education |  |  |  |
| 0-11 years | 45.2 (7.5) | 46.3 (6.7) | 44.8 (5.2) |
| 12 years | 33.8 (4.3) | 36.1 (3.6) | 38.0 (3.1) |
| > 12 years | 13.2 (2.3) | 15.0 (2.0) | 16.5 (1.8) |
| Marital Status |  |  |  |
| Married | 17.7 (2.1) | 21.1 (2.0) | 22.5 (1.7) |
| Other | 34.9 (4.5) | 41.5 (4.4) | 42.5 (3.7) |
| Medicaid Status |  |  |  |
| On Medicaid | 43.8 (4.7) | 40.5 (3.9) | 42.8 (3.3) |
| Not on Medicaid | 15.4 (2.3) | 19.5 (2.1) | 20.8 (1.7) |

## Data Highlights

## Stressors

Women in New York State report an average of 2.5 stressors during pregnancy. The most commonly reported stressful events in 1995 were as follows:

- $\quad 13.9$ percent of women were separated from their husband or partner during their pregnancy.
- $\quad 12.7$ percent reported being verbally abused by their husband or partner.
- More than one-third of New York mothers had a family member who was very sick and had to go into the hospital.
- One out of every five women reported that someone close to them had died during their pregnancy.
- $\quad 16.2$ percent of New York women reported that someone close to them had a serious problem with drinking or drugs.
- $\quad 13.7$ percent of New York mothers experienced heavy debt while pregnant.
- Approximately 30 percent of women stated that their household income decreased at least 25 percent during their most recent pregnancy.
- Almost 48 percent of NY women stated that they had to stand for more than 2 hours or climb more than two flights of stairs at least four 4 times per week in the three months before delivery.
- Approximately one out of every ten women reported that her husband had lost his job, or that she had lost her job despite a willingness to continue working.


## Social Support

- In 1995, 85 percent of women reported that their husband or partner would be available to help them if a problem came up.
- Seventy-six percent stated that they could turn to their parents or in-laws, and 60 percent would be able to call on friends or other relatives in their time of need.
- Less than 1 percent of Upstate New York women reported that they had no one to turn to for help during their pregnancy.

Percent of Women Experiencing Stressful Events During Pregnancy

| Stressful Event | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
|  | \% (SE) | \% (SE) | \% (SE) |
| Husband/Partner |  |  |  |
| Divorce/Separated | 11.6 (1.7) | 11.8 (1.4) | 13.9 (1.3) |
| Jailed | 2.8 (.8) | 3.4 (.9) | 3.8 (.7) |
| Lost Job | 11.1 (1.4) | 9.0 (1.3) | 9.9 (1.1) |
| Verbally Abused | 13.3 (1.7) | 12.1 (1.5) | 12.7 (1.2) |
| Threatened Physical Abuse | 7.3 (1.4) | 4.8 (1.0) | 6.4 (.9) |
| Family Member |  |  |  |
| Sick | 37.2 (2.5) | 37.5 (2.1) | 35.3 (1.7) |
| Death of | 23.8 (2.1) | 24.3 (1.9) | 20.0 (1.4) |
| Drinking/Drugs | 13.9 (1.7) | 12.4 (1.4) | 16.2 (1.3) |
| Suicide Attempt | 2.1 (.7) | 2.1 (.7) | 3.0 (.6) |
| Self |  |  |  |
| Trouble with Law | 1.4 (.6) | . 5 (.2) | 1.3 (.4) |
| Heavy Debt | 13.3 (1.6) | 12.1 (1.4) | 13.7 (1.2) |
| Loss of Job | 11.2 (1.7) | 9.5 (1.4) | 9.1 (1.1) |
| Homeless | 1.1 (.4) | 3.1 (.9) | 3.1 (.7) |
| Income down 25\% | 31.7 (2.3) | 35.1 (2.0) | 29.9 (1.6) |
| Physical Stressors |  |  |  |
| Exercise >20 minutes | 25.4 (2.3) | 25.2 (1.9) | 29.7 (1.6) |
| Stand $>2$ hours | 40.2 (2.4) | 51.2 (2.1) | 47.7 (1.7) |
| Climb $>2$ flights | 41.4 (2.4) | 47.4 (2.1) | 47.6 (1.7) |
| Carry >20 pounds | 41.3 (2.4) | 41.6 (2.1) | 44.0 (1.7) |

Sources of Help Available to Women in Twelve Months Before Baby Was Born

| Sources of Help | 1993 <br> $\%(\mathrm{SE})$ | 1994 <br> $\%(\mathrm{SE})$ | 1995 <br> $\%(\mathrm{SE})$ |
| :--- | :--- | :--- | :--- |
| Husband/Partner | $86.2(1.7)$ | $84.2(1.6)$ |  |
| Parents/In-Laws | $73.2(2.2)$ | $74.6(1.9)$ | $75.2(1.3)$ |
| Relatives | $61.0(2.4)$ | $61.1(2.1)$ | $59.9(1.5)$ |
| Friends | $58.0(2.4)$ | $61.6(2.1)$ | $60.3(1.7)$ |
| Other | $5.6(1.2)$ | $7.5(1.1)$ | $6.1(.8)$ |
| No One | $.4(.2)$ | $.4(.2)$ | $.6(.3)$ |

## Data Highlights

- In 1995, 8.4 percent of New York women reported that they had been a victim of physical violence by their husband or partner in the year before delivery of their baby.


## Sociodemographic Differences

- Black women were three times more likely to report being victims of violence than white women (21.0\% vs. 7.3\% 1995).
- Women less than 20 years of age were at least twice as likely to experience violence (32.3\% in 1993, 20.8\% in 1994 and 34.1\% in 1995) as women aged $20-29$ (12.0\% in 1993, $9.6 \%$ in 1994 and $10.2 \%$ in 1995).
- Two percent of women 30 years old and older reported experiencing violence in the year before delivery.
- Women with an education beyond high school were less likely to report being victims of violence than those who had not completed high school (3.9\% vs. 16.0\% in 1995).
- While the percentage of married women reporting violence remained constant, at 3.2 percent across all three years of data, the percentage of unmarried women reporting violence increased to 23.9 percent in 1995, from 18.6 percent in 1994 and 18.4 percent in 1993.
- In 1995, women on Medicaid were seven times more likely to report experiencing violence during pregnancy than women not receiving Medicaid (20.9\% vs. 2.8\%).

Percent of Women Who Experienced Violence in the Year Before Delivery by Demographics

| Maternal <br> Demographics | 1993 <br> $\%(S E)$ | 1994 <br> $\%(\mathrm{SE})$ | 1995 <br> $\%(\mathrm{SE})$ |
| :--- | :--- | :--- | :--- |
| Total | $9.0(1.6)$ | $7.2(1.2)$ | $8.4(1.0)$ |

Race

| White | $6.6(1.4)$ |
| :--- | :--- |
| Black | $29.9(7.6)$ |
| Other | $1.1(.7)$ |

5.9 (1.1)
7.3 (1.1)
15.1 (4.9)
21.0 (4.8)
22.1 (17.1)
5.1 (4.7)

Age

$$
\begin{array}{ll}
<20 \text { years old } & 32.3(9.6) \\
20-29 \text { years old } & 12.0(2.5) \\
>=30 \text { years old } & 1.5(.7)
\end{array}
$$

20.8 (6.8)
34.1 (6.4)

Education
$0-11$ years
12 years
$>12$ years
Marital Status
Married
Other
Medicaid Status
On Medicaid
Not on Medicaid
14.1 (4.6)
13.9 (3.3)
4.9 (1.8)
3.2 (1.0)
18.4 (3.6)
19.2 (3.8)
4.4 (1.4)
9.6 (1.9)
1.4 (.6)
15.6 (4.8)
16.0 (3.9)
7.3 (1.9)
3.9 (1.1)
3.2 (.9)
18.6 (3.6)
18.0 (3.1)
1.9 (.7)
12.3 (2.2)
3.9 (1.0)
3.2 (.7)
23.9 (3.2)
20.9 (2.7)
2.8 (.8)

## Data Highlights

- Approximately 95 percent of mothers in Upstate New York reported that their baby had gone for routine well baby care as often as they would have liked.
- The most common source of well baby care was a private doctor or HMO, with 77.4 percent of women in 1993, 75.7 percent in 1994, and 78.8 percent in 1995 reporting this as their location of choice.
- Among those women whose babies did not receive the desired number of well baby care visits, the most common reason was a lack of money to pay for the appointment (19.4\% in 1995), followed by having no transportation (11.5\% in 1995) and inability to obtain an appointment (11.2\% in 1995).


## Sociodemographic Differences

- $\quad$ Slightly higher percentages of women aged 30 years and older reported that they were able to take their infant to their desired number of well baby care visits, compared to women less than 20.
- Mothers who had not completed high school were less likely to take their infant for as many routine well baby care visits as they wanted than women with greater than a high school education.

Percent of Mothers Who Reported That Their Babies had Received the Desired Number of Well Baby Care Visits

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 95.9 (.9) | 95.4 (.9) | 94.4 (.9) |
| Race |  |  |  |
| White | 96.2 (.9) | 95.2 (1.1) | 94.9 (.9) |
| Black | 92.0 (4.4) | 96.9 (1.0) | 94.3 (2.8) |
| Other | 100.0 (0) | 94.4 (4.8) | 90.2 (6.4) |
| Age |  |  |  |
| < 20 years old | 95.2 (3.4) | 90.6 (4.8) | 88.8 (4.3) |
| 20-29 years old | 95.1 (1.4) | 96.3 (1.1) | 93.8 (1.4) |
| >= 30 years old | 97.2 (1.0) | 95.4 (1.4) | 96.1 (1.0) |
| Education |  |  |  |
| 0-11 years | 95.4 (2.5) | 94.5 (2.9) | 87.6 (3.7) |
| 12 years | 93.8 (2.0) | 94.0 (1.8) | 94.7 (1.5) |
| > 12 years | 97.8 (.8) | 96.3 (1.2) | 96.4 (.9) |
| Marital Status |  |  |  |
| Married | 96.2 (1.0) | 95.3 (1.1) | 95.8 (.8) |
| Other | 95.5 (1.7) | 95.7 (1.8) | 90.4 (2.4) |
| Medicaid Status |  |  |  |
| On Medicaid | 93.0 (2.3) | 92.8 (2.1) | 91.2 (2.0) |
| Not on Medicaid | 97.2 (.8) | 96.6 (.9) | 95.8 (.9) |

## Data Highlights

- In 1995, 56.2 percent of women reported breastfeeding their infant beyond the first week of life, an increase from 52.7 percent in 1994.
- Among those women who did not breastfeed, the most common reason by far was preference, with approximately 40 percent of women reporting they did not want to breastfeed in 1995. The second most popular reason was employment, reported by 19.1 percent in 1995.


## Sociodemographic Differences

- Although the percentage of black mothers who breastfed during the early postpartum period increased substantially over time from 25.3 percent in 1993 to 45.1 percent in 1995, white women were still more likely to breastfeed ( $55.9 \%$ in 1993, 53.0\% in 1994 and $56.7 \%$ in 1995).
- Women 30 years of age and older were the most likely to report breastfeeding in all survey years. However, the percentage of women less than 20 years old who reported breastfeeding beyond the first week doubled from 22.7 percent in 1994 to 46 percent in 1995.
- Despite increasing numbers of women with less than a high school education reporting breastfeeding ( $22.8 \%$ in 1993, $36.8 \%$ in 1994 and $46.7 \%$ in 1995), women who attended at least some college were still more likely to breastfeed (65.9\% in 1993, 67.0\% in 1994 and $65 \%$ in 1995).
- A greater percentage of married women reported breastfeeding their babies than women who were not married ( $60.8 \%$ vs. $42.7 \%$ in 1995).
- Women receiving Medicaid were less likely to breastfeed their infants than women not receiving Medicaid (47.3\% vs. $60.2 \%$ in 1995)

Percent of Mothers Who Breastfed by Demographics

|  | Beyond $1^{\text {st }}$ Week |  |  | Beyond One Month |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1993 | 1994 | 1995 | 1993 | 1994 | 1995 |
|  | \%(SE) | \% (SE) | \% (SE) | \% (SE) | \% (SE) | \% (SE) |
| Total | 52.4 (2.5) | 52.7 (2.2) | 56.2 (1.7) | 39.4 (2.5) | 35.7 (2.2) | 40.2 (1.9) |
| Race |  |  |  |  |  |  |
| White | 55.9 (2.7) | 53.0 (2.3) | 56.7 (1.9) | 41.7 (2.7) | 36.4 (2.4) | 40.1 (2.0) |
| Black | 25.3 (6.5) | 43.5 (6.9) | 45.1 (6.1) | 22.5 (6.4) | 27.1 (6.7) | 37.0 (6.2) |
| Age |  |  |  |  |  |  |
| <20 | 27.9 (9.8) | 22.7 (6.8) | 46.0 (6.7) | 10.6 (4.6) | 36.4 (2.4) | 27.2 (6.2) |
| 20-29 | 48.3 (3.5) | 53.7 (3.1) | 51.4 (2.6) | 38.2 (3.5) | 37.5 (3.4) | 35.3 (2.6) |
| $>=30$ | 61.6 (3.6) | 58.2 (3.1) | 63.1 (2.5) | 45.0 (3.7) | 39.6 (3.3) | 48.5 (2.8) |
| Education |  |  |  |  |  |  |
| 0-11 years | 22.8 (5.9) | 36.8 (6.7) | 46.7 (5.2) | 11.8 (4.0) | 25.5 (6.5) | 31.9 (5.2) |
| 12 years | 42.3 (4.3) | 36.2 (3.5) | 45.4 (3.2) | 34.9 (4.3) | 23.9 (3.4) | 30.0 (3.1) |
| > 12 years | 65.9 (3.3) | 67.0 (2.7) | 65.1 (2.3) | 48.8 (3.5) | 46.8 (3.1) | 49.5 (2.6) |
| Medicaid |  |  |  |  |  |  |
| On Medicaid | 35.0 (4.5) | 41.2 (4.0) | 47.3 (3.3) | 28.4 (4.4) | 26.6 (3.8) | 30.4 (3.3) |
| Not on Medicaid | 60.1 (2.9) | 58.1 (2.5) | 60.2 (2.0) | 44.5 (3.0) | 40.1 (2.7) | 44.9 (2.2) |
| Marital Status |  |  |  |  |  |  |
| Married | 60.0 (2.7) | 58.5 (2.4) | 60.8 (1.9) | 46.2 (2.9) | 39.7 (2.6) | 45.1 (2.1) |
| Other | 39.8 (4.7) | 35.7 (4.4) | 42.7 (3.7) | 28.3 (4.4) | 25.0 (4.1) | 27.3 (3.5) |

Percent of Mothers Who Did Not Want to Breastfeed Their Infant by Demographics

| Maternal | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Demographics | \% (SE) | \% (SE) | \% (SE) |
| Total | 36.6 (2.6) | 40.8 (2.5) | 40.6 (2.0) |
| Race |  |  |  |
| White | 34.0 (2.8) | 41.4 (2.7) | 40.4 (2.1) |
| Black | 60.0 (7.8) | 40.8 (7.0) | 51.6 (6.2) |
| Other | 18.3 (15.7) | 19.4 (14.8) | 13.1 (7.9) |
| Age |  |  |  |
| <20 years old | 58.2 (10.8) | 56.6 (8.1) | 42.6 (7.0) |
| 20-29 years old | 35.6 (3.5) | 40.9 (3.5) | 41.4 (2.8) |
| >= 30 years old | 34.6 (4.0) | 36.1 (3.6) | 39.1 (3.0) |
| Education |  |  |  |
| 0-11 years | 51.8 (7.7) | 52.1 (7.1) | 43.0 (5.5) |
| 12 years | 42.7 (4.5) | 50.0 (4.0) | 45.3 (3.3) |
| > 12 years | 28.2 (3.5) | 29.0 (3.2) | 35.8 (2.8) |
| Marital Status |  |  |  |
| Married | 34.6 (3.0) | 37.0 (2.8) | 37.8 (2.3) |
| Other | 39.4 (4.7) | 49.6 (4.7) | 47.3 (4.0) |
| Medicaid Status |  |  |  |
| On Medicaid | 46.8 (4.8) | 45.3 (4.2) | 45.3 (3.6) |
| Not on Medicaid | 31.4 (3.0) | 38.1 (3.0) | 38.2 (2.3) |

## Economic Status - Sources of Family Income

## Data Highlights

- Wages from a job or business was the most common source of income reported in all three years of the survey ( $81.8 \%$ in 1993, $82.8 \%$ in 1994 and $86.8 \%$ in 1995).
- Approximately one out of every five mothers (20.4\% in 1993, 19.2\% in 1994 and 18.0\% in 1995) received some sort of financial assistance (AFDC, welfare, public assistance, or SSI) during the most recent pregnancy.
- In 1995, 8.7 percent of women surveyed reported that they received unemployment benefits.
- In 1995, less than 6 percent of New York women reported that their family income included some form of child support or alimony in the 12 months prior to the survey.
- In 1995, 8.6 percent of women reported that their income included rental income, fees or dividends and 5 percent reported receiving Social Security payments.


## Sociodemographic Differences

- $\quad$ The percentage of black women reporting that their family income included money from a job or business increased to 67.0 percent in 1995, from 50.3 percent in 1994. However, this percentage was still much lower than the 89.4 percent of white women who reported this type of income.
- Almost three times as many black women as white women reported receiving some form of public assistance.
- Women less than 20 years of age reported receiving public assistance more than twice as often as those aged 20-29 and almost 10 times more often than women 30 years and older.
- $\quad$ The percentage of women receiving public assistance was eight times greater among those with less than a high school education than among women who continued beyond high school.
- Approximately one half of the unmarried women and women on Medicaid reported on the survey that they had received some form of public assistance, while only 7 percent of married women and 1 percent of those not on Medicaid reported that they had received assistance.

Distribution of Total Family Income in Twelve Months Before Delivery

| Income | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
|  | \% (SE) | \% (SE) | \% (SE) |
| < \$8,000 | 12.2 (1.8) | 13.6 (1.7) | 11.6 (1.3) |
| \$8000-\$11999 | 6.1 (1.3) | 5.3 (1.0) | 4.5 (.8) |
| 2000-\$15999 | 5.5 (1.3) | 4.8 (1.0) | 4.8 (.8) |
| 16000-\$19999 | 4.4 (1.2) | 4.9 (1.0) | 4.7 (.8) |
| 20000-\$24999 | 7.5 (1.4) | 5.7 (1.1) | 5.1 (.8) |
| \$25000-\$29999 | 7.0 (1.3) | 4.9 (.9) | 7.6 (1.0) |
| \$30000-\$39999 | 14.6 (1.7) | 14.7 (1.5) | 13.4 (1.2) |
| $>=\$ 40000$ | 42.8 (2.5) | 46.2 (2.2) | 48.4 (1.8) |

Sources of Family Income in Twelve Months Before Delivery

|  | 1993 | 1994 | 1995 |
| :--- | :--- | :--- | :--- |
| Wages | $81.8(2.0)$ | $82.8(1.7)$ | $86.8(1.2)$ |
| Public Assistance | $20.4(2.0)$ | $19.2(1.8)$ | $18.0(1.4)$ |
| Unemployment Benefits | $12.6(1.7)$ | $8.4(1.2)$ | $8.7(1.0)$ |
| Alimony | $5.9(1.2)$ | $5.1(.9)$ | $5.8(.9)$ |
| Fees/Dividends | $10.0(1.5)$ | $8.3(1.2)$ | $8.6(.9)$ |
| Social Security | $4.8(1.2)$ | $3.6(.8)$ | $5.0(.8)$ |
| Other | $7.4(1.2)$ | $9.5(1.2)$ | $9.0(1.0)$ |

Income from Wages by Maternal Demographics

|  | 1993 | 1994 | 1995 |
| :--- | :--- | :--- | :--- |
| Total | $82.7(2.0)$ | $83.4(1.7)$ | $87.8(1.2)$ |

Race
White 85.3 (2.0)
87.5 (1.6)
90.4 (1.1)

Black
60.9 (7.3)
51.4 (6.7)
67.0 (5.3)

Age
$<20$
20-29
$>=30$
58.1 (10.9)
77.1 (3.1)
93.6 (1.5)
60.8 (7.8)
81.2 (2.6)
90.8 (1.8)
71.5 (5.9)

Education

| $0-11$ years | $56.5(7.4)$ |
| :--- | :--- |
| 12 years | $74.7(4.1)$ |
| $>12$ Years | $94.1(1.5)$ |

Marital Status
Married
Other
90.8 (1.7)
69.2 (4.3)

Medicaid

| MA | $55.6(4.7)$ |
| :--- | :--- |
| Not on Medicaid | $94.5(1.5)$ |

55.9 (4.0)
65.6 (3.1)
96.5 (1.0)
97.4 (.6)

Income from Public Assistance by Maternal Demographics

|  | 1993 | 1994 | 1995 |
| :---: | :---: | :---: | :---: |
| Total | 20.6 (2.1) | 19.3 (1.8) | 18.1 (1.4) |
| Race |  |  |  |
| White | 15.6 (2.0) | 15.3 (1.8) | 15.4 (1.4) |
| Black | 58.6 (7.7) | 51.9 (6.6) | 44.1 (5.8) |
| Age |  |  |  |
| <20 years old | 61.7 (11.3) | 54.6 (8.0) | 55.0 (6.7) |
| 20-29 years old | 26.5 (3.1) | 23.4 (2.7) | 24.9 (2.3) |
| >=30 years old | 7.2 (1.9) | 6.8 (1.5) | 5.0 |
| Education |  |  |  |
| 0-11 years | 62.8 (7.0) | 64.6 (6.4) | 52.6 (5.2) |
| 12 years | 29.4 (4.1) | 21.0 (2.8) | 22.2 (2.6) |
| $>12$ years | 5.2 (1.3) | 5.1 (1.2) | 5.9 (1.2) |
| Marital Status |  |  |  |
| Married | 9.2 (1.7) | 8.1 (1.5) | 7.2 (1.1) |
| Other | 39.5 (4.5) | 52.5 (4.5) | 51.3 (3.8) |
| Medicaid Status |  |  |  |
| MA | 61.8 (4.7) | 56.9 (3.9) | 57.4 (3.3) |
| Not on Medicaid | 2.6 (1.2) | 1.4 (.6) | 1.0 (.4) |

## Data Highlights

- In 1995, 14.1 percent of New York women stated that they were receiving Medicaid at the beginning of their most recent pregnancy, compared to 27.4 percent at the time of delivery.


## Sociodemographic Differences

- In 1995, the percentage of white women who were on Medicaid at the time of delivery (23.9\%) was almost double the percentage of white women on Medicaid at the beginning of their pregnancy (12.3\%)]
- More that half (57.1\%) of black women surveyed were on Medicaid at the time of delivery.
- The percentage of women under 20 years old who reported being on Medicaid when they became pregnant decreased from 52.1 percent in 1994, to 38.2 percent in 1995, yet was still twice as great as the 19.6 percent of women aged 20-29.
- Three out of four women surveyed under the age of 20 were on Medicaid at the time of delivery.
- A large decrease was seen in the percentage of women with less than a high school education who reported receiving Medicaid at the beginning of their pregnancy. Sixtytwo percent stated in 1994 that they were on Medicaid, while only 38.5 percent did so in 1995.
- Two-thirds of the women with less than a high school education were on Medicaid at the time of delivery.
- Unmarried women were much more likely than married women ( $35.2 \%$ vs.6.9\% in 1995) to be receiving Medicaid at the beginning of their pregnancy and at the time of delivery (71.9\% vs. 35.2\%).

Percent of Mothers Who Were Receiving Medicaid at the Beginning of Pregnancy and at the Time of Delivery, 1995

| Maternal Demographics | Beginning of Pregnancy | At Time of Delivery |
| :---: | :---: | :---: |
|  | \% (SE) | \% (SE) |
| Total | 14.1 (1.2) | 27.4 (1.6) |
| Race |  |  |
| White | 12.3 (1.3) | 23.9 (1.7) |
| Black | 35.4 (5.4) | 57.1 (5.8) |
| Age |  |  |
| $<20$ years old | 38.2 (6.3) | 75.7 (5.5) |
| 20-29 years old | 19.6 (2.1) | 36.7 (2.5) |
| >= 30 years old | 4.1 (1.0) | 9.2 (1.5) |
| Education |  |  |
| 0-11 years | 38.5 (5.0) | 61.3 (5.0) |
| 12 years | 16.9 (2.3) | 36.8 (3.0) |
| > 12 years | 4.4 (1.0) | 10.4 (1.5) |
| Marital Status |  |  |
| Married | 6.9 (1.0) | 12.4 (1.3) |
| Other | 35.2 (3.5) | 71.9 (3.3) |

## Technical Notes

## Sampling Design

When the PRAMS survey was begun in June 1993, a stratified systematic random sampling approach was used to oversample low birthweight infants (<2500 g). The sample was divided into two strata : low birthweight and normal birthweight. Any records with missing or invalid birthweight information were put in the low birthweight group in the sampling frame.*

Certain records were automatically excluded from the sampling frame, including records received six or more months after delivery, adopted infants and all but one infant from a multiple birth. Records were sampled using the following sampling fractions:

> Low birthweight: 3/22

Normal birthweight : 1/121
Although the probability of being selected into the two strata differs, the number of women from each stratum in the resulting sample is approximately equal.

## Estimating Standard Errors for PRAMS Data

The probablility sampling method for obtaining PRAMS data results in population estimates that are subject to sampling error. The standard error measures the sampling variability of an estimator compared to all possible samples taken from the sampling frame.

The standard errors presented in this report were obtained from SUDAAN. These errors were produced through the use of first-order Taylor Series linearization approximation to estimate sampling variances and standard errors.

* The original sampling design also stratified on prenatal care (Kessner Index), however, changes in the way prenatal care was recorded on the 1993 birth certificate resulted in an unacceptably large number of unknown adequacy of care received utilizing the Kessner Index. Prenatal care was, therefore, dropped as a stratification variable.


## Weighting of Data

All data presented in this surveillance report are weighted to account for a degree of nonresponse and noncoverage. The SUDAAN software package, developed specifically for weighting survey data, is required for all analyses.

The data from the PRAMS survey is used to make statewide estimates about the characteristics of women giving birth to live babies. In order for these estimates to be possible, a survey respondent must first be assigned an analysis weight to adjust for the sampling design, non-response by certain groups of women, and non-coverage of certain areas in the sampling frame. Thus, the analysis weight given to each mother is a product of three factors: sampling weight, nonresponse weight and frame noncoverage weight.

The sampling weight is the reciprocal of the sampling fraction and is used to adjust for the unequal probability of selection into each stratum. This number is calculated by dividing the number of mothers in the sampling frame for a stratum, by the number of mothers actually sampled for that stratum.

The nonresponse weight is used to account for the bias resulting when women with some particular characteristic (age, race, education, etc.) respond at a greater or lesser rate than women without that same characteristic. This factor is calculated by dividing the number of women sampled for PRAMS in each stratum-specific response category by the number of mothers actually responding to the survey in that category.

The final factor, frame noncoverage weight, reflects the overall rate of omission from the sampling frame. By using this adjustment, corrections can be made for incomplete coverage of the population and variability in estimates.

## Response Rates

To ensure statistical reliability, CDC requires a response rate of 70 percent in a stratum before the data are considered statistically reliable. Response rates for the low birthweight group have been below 70 percent for all three years of data collection. Therefore, no stratum specific analysis has been done.

