

ANDREW M. CUOMO Governor HOWARD A. ZUCKER, M.D., J.D. Commissioner

SALLY DRESLIN, M.S., R.N. Executive Deputy Commissioner

October 6, 2017

CERTIFIED MAIL-RETURN RECEIPT REQUESTED

Gretchen Zachel, P.A.

Re: License No. 020699

Dear Ms. Zachel:

Enclosed is a copy of the New York State Board for Professional Medical Conduct (BPMC) Order No. 17-288. This order and any penalty provided therein goes into effect October 13, 2017.

You are required to deliver your license and registration within 5 days of the effective date of the surrender provision to: c/o Physician Monitoring Unit, NYS DOH - OPMC, Riverview Center, Suite 355, 150 Broadway, Albany, NY 12204-2719.

If your license is framed, please remove it from the frame and <u>only send the parchment paper</u> on which your name is <u>printed</u>. Our office is unable to store framed licenses.

If the document(s) are lost, misplaced or destroyed, you are required to submit to this office an affidavit to that effect. Please complete and sign the affidavit before a notary public and return it to the Office of Professional Medical Conduct.

Please direct any questions to: NYS DOH - OPMC, Riverview Center, Suite 355, 150 Broadway, Albany, NY 12204-2719, telephone # (518) 402-0846.

Sincerely,

Robert A. Catalano, M.D. Executive Secretary Board for Professional Medical Conduct

Enclosure

NEW YORK STATE DEPARTMENT OF HEALTH STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT

BPMC No. 17-288

OF
GRETCHEN ZACHEL, P.A.

SURRENDER ORDER

Upon the application of (Respondent) GRETCHEN ZACHEL, P.A. to surrender his or her license as a registered physician assistant in the State of New York, which is made a part of this Surrender Order, it is

ORDERED, that the Surrender, and its terms, are adopted and it is further ORDERED, that Respondent's name be stricken from the roster of physician assistants in the State of New York; it is further

ORDERED, that this Order shall be effective upon issuance by the Board, either

- by mailing of a copy of this Surrender Order, either by first class mail to
 Respondent at the address in the attached Surrender of License application
 or by certified mail to Respondent's attorney, OR
- upon facsimile transmission to Respondent or Respondent's attorney,
 Whichever is first,

SO ORDERED.

DATE: 10/05/2017

Carmela Torrelli Vice Chair

State Board for Professional Medical Conduct

NEW YORK STATE DEPARTMENT OF HEALTH STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT

OF GRETCHEN ZACHEL, P.A.

SURRENDER OF LICENSE AND ORDER

GRETCHEN ZACHEL, P.A., represents that all of the following statements are true:

That on or about March 8, 2017, I was licensed to practice as a registered physician assistant in the State of New York, and issued License No. 020699 by the New York State Education Department.

My current address is and I will advise the Director of the Office of Professional Medical Conduct of any change of address.

I understand that the New York State Board for Professional Medical Conduct (Board) has charged me with one or more specifications of professional misconduct, as set forth in a Statement of Charges, marked as Exhibit "A", which is attached to and part of this Surrender of License.

I am applying to the State Board for Professional Medical Conduct for permission to surrender my license as a physician assistant in the State of New York on the grounds that I agree not to contest the allegations in full satisfaction of the charges against me.

I ask the Eoard to accept my Surrender of License, and I agree to be bound by all of the terms set forth in attached Exhibit "B". I understand that, if the Board does not accept my Surrender of License, none of its terms shall bind me or constitute an admission of any of the acts of misconduct alleged; this application shall not be used against me in any way and shall be kept in strict confidence; and the Board's denia! shall be without prejudice to the pending disciplinary proceeding and the Board's final determination pursuant to the Public Health Law.

I agree that, if the Board accepts my Surrender of License, the Chair of the Board shall issue a Surrender Order in accordance with its terms. I agree that this Order shall take effect upon its issuance by the Board, either by mailing of a copy of the Surrender Order by first class mail to me at the address in this Surrender of License, or to my attorney by certified mail, or upon facsimile transmission to me or my attorney, whichever is first. The Surrender Order, this agreement, and all attached exhibits shall be public documents, with only patient identities or other confidential information, if any, redacted. As public documents, they may be posted on the Department's website(s). OPMC shall report this action to the National Practitioner Data Bank, the Federation of State Medical Boards, and any other entities that the Director of OPMC shall deem appropriate.

I ask the Eoard to accept this Surrender of License, which I submit of my own free will and not under duress, compulsion or restraint. In consideration of the value to me of the Board's acceptance of this Surrender of License, allowing me to resolve this matter without the various risks and burdens of a hearing on the merits, I knowingly waive my right to contest the Surrender Order for which I apply, whether administratively or judicially, and I agree to be bound by the Surrender Order.

I understand and agree that the attorney for the Department, the Director of the Office of Professional Medical Conduct and the Chair of the State Board for Professional Medical Conduct each retain complete discretion either to enter into the proposed agreement and Order, based upon my application, or to decline to do so. I further understand and agree that no prior or separate written or oral communication can limit that discretion.

DATE 9-21-17

GRETCHEN ZACHEL, P.A. RESPONDENT The undersigned agree to Respondent's attached Surrender of License and Order and to its proposed penalty, terms and conditions.

DATE: 9/2011)

DATE: 10/0/17

IAN H. SILVERMAN, ESQ.

Associate Counsel

Bureau of Professional Medical Conduct

KEITH W. SERVIS

Director

Office of Professional Medical Conduct

EXHIBIT "A"

NEW YORK STATE DEPARTMENT OF HEALTH STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT

IN THE MATTER

STATEMENT

OF

OF

CHARGES

GRETCHEN ZACHEL, P.A.

GRETCHEN ZACHEL, P.A.., the Respondent, was authorized to practice as a registered physician assistant in New York State on or about March 8, 2017 by the issuance of license number 020699 by the New York State Education Department.

FACTUAL ALLEGATIONS

A. On or about May 13, 2017 the Minnesota Board of Medical Practice (Minnesota Board) entered into a Stipulation and Order with the Respondent to resolve an administrative complaint against the Respondent alleging that the Respondent had been inappropriately prescribing narcotic medication to patients. The complaint included allegations that Respondent doubled a patient's daily dose of oxycodone without medical justification and documentation; failed to document her assessments of patients; routinely had inconsistent and incomplete documentation; and started patients on high doses of narcotics. The Minnesota Board found that Respondent (1) routinely omitted important information from patient medical records, including chief complaint, findings assessment and plan; (2) prescribed new medications for patients without documenting a medical rationale, increased patient doses of narcotics without documenting a medical rationale, and prescribed Subsys (sublingual fentanyl) with initial doses exceeding the recommended daily initial dose without documenting a medical rationale; and (3) failed to document regularly checking the Prescription Monitoring Program ("PMP"), failed to order urine drug screens or conduct pill counts

with some patients who were prescribed narcotics, and failed to implement controlled substance agreements or enforce the termination provisions when patients violated agreement terms. Based on the above, the Minnesota Board reprimanded the Respondent for failure to conform to minimum standards of practice, failure to maintain adequate medical records and inappropriate prescribing practices, and required to complete Continuing Medical Education on the topics of chronic pain management, chemical dependency awareness, medical records management, and professional boundaries and required to practice in a setting approved by the Minnesota Board.

- B. Respondent's conduct as described above upon which the finding of unprofessional conduct in Minnesota was based would, if committed in New York State, constitute professional misconduct under the laws of the State of New York as follows:
 - New York Education Law §6530 (3) (practicing the profession with negligence on more than one occasion) and/or New York Education Law §6530 (32) (failing to maintain a record for each patient which accurately reflects the evaluation of the patient.)

SPECIFICATION OF CHARGES

FIRST SPECIFICATION

HAVING BEEN FOUND GUILTY OF PROFESSIONAL MISCONDUCT

Respondent is charged with committing professional misconduct as defined in N.Y. Educ. Law § 6530(9)(b) by having been found guilty of improper professional practice or professional misconduct by a duly authorized professional disciplinary agency of another state where the conduct upon which the finding was based would, if committed in New York state, constitute professional misconduct under the laws of New York state (namely N.Y. Educ. Law §§ 6530 (3) and/or (32) as alleged in the facts of the following:

1. The facts in Paragraph A and B.

SECOND SPECIFICATION

HAVING HAD DISCIPLINARY ACTION TAKEN

Respondent is charged with committing professional misconduct as defined in N.Y. Educ. Law § 6530(9)(d) by having his or her license to practice as a physician assistant revoked, suspended or having other disciplinary action taken, or having his or her application for a license refused, revoked or suspended or having voluntarily or otherwise surrendered his or her license after a disciplinary action was instituted by a duly authorized professional disciplinary agency of another state, where the conduct resulting in the revocation, suspension or other disciplinary action involving the license or refusal, revocation or suspension of an application for a license or the surrender of the license would, if committed in New York state, constitute professional misconduct under the laws of New York state (namely N.Y. Educ. Law § 6530(3) and/or (32) as alleged in the facts of the following:

2. The facts in Paragraph A and B.

DATE:September 2 C 2017 Albany, New York

MICHAEL A . HISER

Deputy Counsel

Bureau of Professional Medical Conduct

EXHIBIT "B"

Requirements for Closing a Medical Practice Following a Revocation, Surrender, Limitation or Suspension of a Physician Assistant License

- 1.Licensee shall immediately cease and desist from engaging in practice as a physician assistant in New York State, or under Licensee's New York license, in accordance with the terms of the Order. In addition, Licensee shall refrain from providing an opinion as to professional practice or its application and from representing that Licensee is eligible to practice as a physician assistant.
- 2.Within 5 days of the Order's effective date, Licensee shall deliver Licensee's original license to practice as a physician assistant in New York State and current biennial registration to the Office of Professional Medical Conduct (OPMC) at Riverview Center, 150 Broadway, Suite 355, Albany, New York 12204-2719.
- 3. Within 15 days of the Order's effective date, Licensee shall notify all patients of the cessation or limitation of Licensee's practice as a physician assistant, and shall refer all patients to another licensed practicing physician or physician assistant for continued care, as appropriate. Licensee shall notify, in writing, each health care plan with which the Licensee contracts or is employed, and each hospital where Licensee has privileges, that Licensee has ceased practice as a physician assistant. Within 45 days of the Order's effective date, Licensee shall provide OPMC with written documentation that all patients and hospitals have been notified of the cessation of Licensee's practice as a physician assistant.
- 4.Licensee shall make arrangements for the transfer and maintenance of all patient medical records. Within 30 days of the Order's effective date, Licensee shall notify OPMC of these arrangements, including the name, address, and telephone number of an appropriate and acceptable contact person who shall have access to these records. Original records shall be retained for at least 6 years after the last date of service rendered to a patient or, in the case of a minor, for at least 6 years after the last date of service or 3 years after the patient reaches the age of majority, whichever time period is longer. Records shall be maintained in a safe and secure place that is reasonably accessible to former patients. The arrangements shall include provisions to ensure that the information, in the record is kept confidential and is available only to authorized persons. When a patient or a patient's representative requests a copy of the patient's medical record, or requests that the original medical record be sent to another health care provider, a copy of the record shall be promptly provided or forwarded at a reasonable cost to the patient (not to exceed 75 cents per page.) Radiographic, sonographic and similar materials shall be provided at cost. A qualified person shall not be denied access to patient information solely because of an inability to pay.

5.In the event that Licensee holds a Drug Enforcement Administration (DEA) certificate for New York State, Licensee shall, within 15 days of the Order's effective date, advise the DEA, in writing, of the licensure action and shall surrender Licensee's DEA controlled substance privileges for New York State to the DEA. Licensee shall promptly surrender any unused DEA #222 U.S. Official Order Forms Schedules 1 and 2 for New York State to the DEA. All submissions to the DEA shall be addressed to Diversion Program Manager, New York Field Division, U.S. Drug Enforcement Administration, 99 Tenth Avenue, New York, NY 10011

6.Within 15 days of the Order's effective date, Licensee shall return any unused New York State official prescription forms to the Bureau of Narcotic Enforcement of the New York State Department of Health. If no other licensee is providing services at.Licensee's practice location, Licensee shall properly dispose of all medications.

7.Within 15 days of the Order's effective date, Licensee shall remove from the public domain any representation that Licensee is eligible to practice as a physician assistant, including all related signs, advertisements, professional listings (whether in telephone directories, internet or otherwise), professional stationery or billings. Licensee shall not share, occupy, or use office space in which another licensee provides health care services.

- 8, Licensee shall not charge, receive or share any fee or distribution of dividends for professional services rendered by Licensee or others while Licensee is barred from engaging in the practice as a physician assistant. Licensee may be compensated for the reasonable value of services lawfully rendered, and disbursements incurred on a patient's behalf, prior to the Order's effective date.
- 9, If Licensee is a shareholder in any professional service corporation organized to engage in the practice of medicine, Licensee shall divest all financial interest in the professional services corporation, in accordance with New York Business Corporation Law. Such divestiture shall occur within 90 days. If Licensee is the sole shareholder in a professional services corporation, the corporation must be dissolved or sold within 90 days of the Order's effective date.
- 10. Failure to comply with the above directives may result in a civil penalty or criminal penalties as may be authorized by governing law. Under N.Y. Educ. Law § (512, it is a Class E Felony, punishable by imprisonment for up to 4 years, to practice as a physician assistant when a professional license has been suspended, revoked or annulled. Such punishment is in addition to the penalties for professional misconduct set forth in N.Y. Pub. Health Law § 230-a, which include fines of up to \$10,000 for each specification of charges of which the Licensee is found guilty, and may include revocation of a suspended license.