

New York City



New York City Medical Reserve Corps



February 2016

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healthmrc@health.nyc.gov

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Why I Volunteer



Dacia Bryant, Pharmacist

How long have you been a member of NYC MRC?

I started my membership in 2012.

What is your profession?

I am a Registered Pharmacist and also a Certified Diabetes Educator

What MRC activities have you participated in lately? My most recent MRC activity was the RX review at Our Lady of Refuge.

Are you involved in any other volunteer activities?

I have volunteered as the Education Liaison for the Garden State Association of Diabetes Educators since 2013. GSADE holds Continuing Education events for healthcare providers who care for patients with diabetes. I had previously been a volunteer at Queens County Hospital in the Diabetes Department and I am a new member of NYCares.

Why do you volunteer for NYC MRC?

After moving to Brooklyn NY, I decided to volunteer with MRC in order to be more knowledgeable about emergency preparedness and I also wanted to be part of an organization that focused on public health issues.

Exercise Evaluators Needed!

Pediatric Disaster Coalition Drill

Thursday, March 10th, 10:00am—4:00pm

We are looking for **Physicians, RNs, NPs** and **PAs** to help evaluate this exercise. Each participating hospital will need two evaluators:

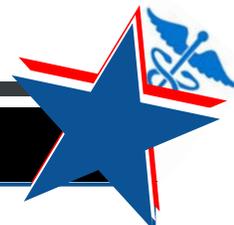
- One person to evaluate exercise play in the Pediatric Intensive Care Unit (PICU) and
- One person to evaluate exercise play in the hospital's Emergency Operations Center (EOC)

Evaluator training and evaluation guides will be provided prior to the exercise.

**To register, please send an email to:
healthmrc@health.nyc.gov**

Here are the sites:

- Maimonides Medical Center
- Steven & Alexandra Cohen Children's Medical Center of NY
- Bronx Lebanon Hospital Center—Concourse Pavilion
- Children's Hospital of Montefiore
- Metropolitan Hospital Center
- Staten Island University Hospital (North)
- Staten Island University Hospital (South)
- Richmond University Hospital
- University Hospital of Brooklyn - SUNY Downstate Medical Center



Pharmacists Needed

BROWN BAG PHARMACY REVIEWS

In collaboration with our community partners, NYC MRC pharmacists are needed for medication reviews around the city. **Please note: these events are run concurrently with religious services. We do not expect to conduct reviews during services, and you may come and go as you please during services. However, we do expect to see community members between services.**

To register for any or all of these events, go to <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

Our Lady of Refuge, 2020 Foster Avenue, Brooklyn
Wednesday, February 3rd — 10:30 am—1:30 pm
Language: Creole

Our Lady of Refuge, 2020 Foster Avenue, Brooklyn
Sunday, February 7th — 10:30 am—1:30 pm
Language: Creole and Spanish
Please note: this event will occur in the church basement

All Saint's, 286 7th Avenue, Brooklyn
Sunday, February 7th — 10:00am —12:30pm
Language: Creole

Our Lady of Refuge, 2020 Foster Avenue, Brook
Saturday, February 20th — 6:30 pm—9:00 pm
Language: Spanish

Our Lady of Perpetual Help, 526 59th St, Brooklyn
Sunday, February 28th — 10:30 am—1:00 pm
Language: Spanish



Registering for NYC MRC Events

If you experience difficulty with our Self-Scheduling Application, contact our office directly

If you try to register for an event on the MRC Self Scheduling App (SSA) and are having difficulty, please email healthmrc@health.nyc.gov or call

- **Matthew Geiger** at (917) 494-1368
- **Sorrel Stetson** at (347) 396-6210

They will be happy to trouble shoot for you, and can even register you over the phone.

New York City





Upcoming Blood Pressure Screenings

BLOOD PRESSURE SCREENINGS

In collaboration with our community partners, the MRC has been asked to provide volunteers to help with blood pressure screenings at several locations throughout the city:

To register for any or all of these events, go to <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

Our Lady of Solace, 2866 W 17th St, Brooklyn
Sunday, February 7th — 10:00 am—1:00 pm
Language: Spanish

Salvation Army, 520 50th St, Brooklyn
Tuesday, February 9th — 11:00am—2:00pm
Language: Spanish, Chinese

Coney Island Lighthouse Mission, 2114 Mermaid Ave., Brooklyn
Thursday, February 25th — 10:30am —12:30pm
Language: Spanish

Our Lady of Perpetual Help, 526 59th St, Brooklyn
Sunday, February 28th — 10:30 am—1:00 pm
Language: Spanish

Our Lady of Solace, 2866 W 17th St, Brooklyn
Sunday, March 6th — 10:00 am—1:00 pm
Language: Spanish

Salvation Army, 520 50th St, Brooklyn
Tuesday, March 8th — 11:00am—2:00pm
Language: Spanish, Chinese

Coney Island Lighthouse Mission, 2114 Mermaid Ave., Brooklyn
Thursday, March 24th — 10:30am —12:30pm
Language: Spanish

Our Lady of Perpetual Help, 526 59th St, Brooklyn
Sunday, March 27th — 10:30 am—1:00 pm
Language: Spanish



NYC MRC on Social Media

Visit Us on Facebook!

The NYC MRC Facebook page is a great way to find the latest information on upcoming trainings, exercises, and public health events! Our page is updated daily. We share photos of our members in action, and the latest statistics from our public health activities. Our Facebook page can keep you updated in real-time better than ever before!

Take a look: www.facebook.com/nycmrc





Upcoming Orientations

NYC MRC Orientation Dates: 2016

This training is an introduction to the NYC MRC program. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. NYC MRC Orientation explores how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

This month, we are announcing all our Orientation dates for 2016. We will announce reminders, locations, and additional orientations month-by-month. For now, save the date!

Dates: Tuesday, March 22
Wednesday, May 11
Thursday, July 14
Tuesday, September 20
Wednesday, November 16

Time: All Orientations Will be Held 6:00 pm - 8:00 pm
registration & light supper at 5:30pm

Location: 125 Worth St., 3rd floor Boardroom, Manhattan

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

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Formidable Footprint

Formidable Footprint

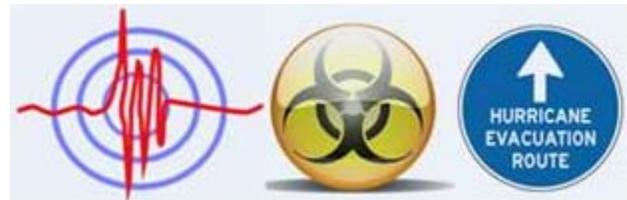
Formidable Footprint is a series of web-based tabletop exercises offered nationwide. These exercises are designed to help community organizations assess their readiness for different types of disasters and emergencies. NYC MRC invites all our volunteers to participate in this series of exercises.

Dates: Saturday, Feb. 27: Influenza Pandemic
Saturday, Mar. 26: Hurricane
Saturday, May 28: Flood

Time: All Exercises Will be Held
9:30 am - 4:00 pm

Location: TBD

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>





Active Shooter

NYC MRC is pleased to host FBI Special Agent Jin Kim who will share his insights into active shooter events.

An “active shooter” is an individual actively engaged in killing or attempting to kill people in a confined space or other populated area. Typically, the immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims.

This training is appropriate for all professions and skill levels, and focuses on survival strategies in active shooter situations.

Dates: Wednesday, March 9

Time: 6:00 pm - 7:30 pm
registration & light supper at 5:30pm

Location: The Churchill School, 301 E 29th St.

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



Save the Date!

4th Annual NYC MRC Symposium

Join NYC MRC for our 4th Annual Symposium!

This year's theme is public health and community resiliency.

Date: Saturday, April 30th

Time: 8:30am —3:00pm

Location: CUNY Law School,
Long Island City, Queens



Recommended Trainings

Mental Health First Aid USA offers training in Mental Health First Aid, which helps bystanders recognize the signs of mental and emotional crises and offer basic assistance until professional help arrives. Different trainings are available for recognizing and responding to the signs of crisis in adults and adolescents. These courses are for people with little or no formal training in Mental Health.

Learn more, find a course near you and register online at <http://www.mentalhealthfirstaid.org/cs/>



MRC in Action - OLR BP Screenings + Rx Review



Articles of Interest

Meghan Rosen, "[Rapid spread of Zika Virus in the Americas raises alarm](#)," Science News, January 22, 2016: Zika virus, a mosquito-borne illness linked to birth defects, is poised to spread to the U.S.

Jo Jolly, "[Why do so many people die shoveling snow?](#)" BBC News, November 19, 2015: Northeastern winters bring snow, risk of heart attacks.



NYC MRC Service in January 2016

Total Hours Served in January: 15

Volunteers Who Served in January: 6

Total hours of service for 2016 : 15