### Week 1

**9/11/2022**

**SUNDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Hash Brown Patty
  - Buttered Toast

**LUNCH**
- **SUMMER ROASTED TURKEY**
  - Open Face
  - Spaghetti
  - Stuffing
  - Hot Roast Beef Sandwich
  - Wild Rice Stuffing

**---Alternate---**
- **SPANAKORIZO RICE**
  - Greek Spinach - Rice Casserole

**SUPPER**
- **BBQ PORK**
  - Concerto Sauce
  - Mushroom Soup
  - Turkey Dinner Roll

**---Alternate---**
- **SALAMI COLD CUT PLATE**
  - Roast Beef Sandwich

**9/12/2022**

**MONDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Cheese Omelet
  - Buttery Toast

**LUNCH**
- **HOT ROAST BEEF**
  - Plant Stufed Pepper
  - Roasted Broccoli

**---Alternate---**
- **STUFFED CABBAGE SOUP**
  - New England Clam Chowder

**SUPPER**
- **SAUSAGE PATTY**
  - Crabmeat Sauce

**9/13/2022**

**TUESDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Bacon
  - English Muffin

**LUNCH**
- **SPAGHETTI**
  - Meat Sauce
  - Macaroni 

**---Alternate---**
- **CHEESEBURGER CASSEROLE**

**SUPPER**
- **FRUIT PLATE WITH MUFFIN**
  - New England Clam Chowder
  - Garlic Knots

**9/14/2022**

**WEDNESDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Buttery Toast

**LUNCH**
- **PORK SCHNITZEL W/ LEMON CREAM SAUCE**
  - Crabmeat Sauce
  - Roasted Broccoli

**---Alternate---**
- **STUFFED CABBAGE SOUP**

**SUPPER**
- **FRUIT PLATE WITH COTTAGE CHEESE MUFFIN**
  - New England Clam Chowder
  - Garlic Knots

**9/15/2022**

**THURSDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Sausage & Gravy W/ Biscuit

**LUNCH**
- **SWISS STEAK MASHED POTATOES**
  - Cauliflower
  - Strawberries Chiffon

**---Alternate---**
- **PERUVIAN HAM ON A BUN**

**SUPPER**
- **DINNER ROLL**
  - Salami Cold Cut Plate
  - Roast Beef Sandwich

**9/16/2022**

**FRIDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Buttery Toast

**LUNCH**
- **FRIED FISH**
  - Asparagus
  - Cran-Rasp Gelatin

**---Alternate---**
- **SMOKED SALMON ON A BUN**

**SUPPER**
- **FRUIT PLATE WITH COTTAGE CHEESE MUFFIN**
  - New England Clam Chowder
  - Garlic Knots

**9/17/2022**

**SATURDAY**
- **BREAKFAST**
  - Juice
  - Assorted Cereals
  - Scrambled Eggs
  - Buttery Toast

**LUNCH**
- **ASIAN BBQ BEEF RICE**
  - Roasted Broccoli

**---Alternate---**
- **SALAMI COLD CUT PLATE**

**SUPPER**
- **STUFFED CABBAGE SOUP**
  - New England Clam Chowder
  - Garlic Knots

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