SPRING SUMMER MENU

WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9/24/2023	9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023	9/30/2023
			BREAKFAST			
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS
SCRAMBLED EGGS	ITALIAN OMELET	SCRAMBLED EGGS	SCRAMBLED EGGS	SAUSAGE & GRAVY W/	SCRAMBLED EGGS	SCRAMBLED EGGS
HASH BROWN PATTY	BUTTERED TOAST	BACON	BUTTERED TOAST	BISCUIT	BUTTERED TOAST	BUTTERED TOAST
BUTTERED TOAST		ENGLISH MUFFIN				COFFEE CAKE
			LUNCH			
ROAST BEEF	OPEN FACE	SPAGHETTI	JAMBALAYA	GRILLED REUBEN	FRIED FISH	ASIAN BBQ BEEF
BAKED POTATO	HOT TURKEY	W/ MEAT SAUCE	WITH RICE	SANDWICH ON RYE	TARTAR SAUCE	RICE
GRAVY	SANDWICH	GARLIC BREAD	ZUCCHINI	CAULIFLOWER	TATOR TOTS	ROASTED BROCCOLI
GREEN BEANS	W/ GRAVY	PARMESAN CHEESE	LEMONADE CAKE	STRAWBERRY CHIFFON	MEDITERRANEAN BLEND	GINGER PEACH HAND PIE
ASSORTED CREAM PIES	BAHAMA BLEND	TOSSED SALAD	W/ TOPPING		OREO CHEESECAKE	
	SUGAR COOKIES	WATERMELON				
			Alternate			
SPANAKORIZO RICE	BLT	CHICKEN TENDERS	PORK SCHNITZEL W/	SWISS STEAK	TORTELLINI SOUP	BOLOGNA & CHEESE
(GREEK SPINACH -	COTTAGE CHEESE	BBQ SAUCE	LEMON CREAM SAUCE	MASHED POTATOES		SANDWICH
RICE CASSEROLE)		FRENCH FRIES	LYONNAISE POTATOES			
			SUPPER			
BBQ PORK	PANCAKES	GARLIC CHICKEN	CHEESEBURGER CASSERO	CHUNKY CHICKEN SALAD	HAMBURGER ON BUN	GRILLED CHICKEN W/
ON KAISER ROLL	W/ FRUIT TOPPING	RICE PILAF	PEAS & PEARL ONIONS	DINNER ROLL	DILL PICKLE SPEAR	PRIMAVERA
CREAMY COLESLAW	SYRUP	ASPARAGUS	CRAN-RASP GELATIN	SWEET PICKLE CHIPS	ONION RINGS	BUTTERED NOODLES
ORANGE PINEAPPLE FLUFF	SAUSAGE LINKS	TAPIOCA PUDDING	W/ TOPPING	POTATO SALAD	APPLE CIDER -	GARDEN SALAD
	MANDARIN ORANGES	W/TOPPING		CUCUMBER & TOMATO SALAD	GLAZED CARROTS	ROCKY ROAD PUDDING
				MIXED FRUIT	FRUIT	
			Alternate			
SALAMI COLD CUT PLATE	STUFFED CABBAGE SOUP	FRUIT PLATE WITH	NEW ENGLAND	CHILI DOG ON A BUN	CHICKEN ENCHILADA	ROAST BEEF
LETTUCE & TOMATO	DINNER ROLL	COTTAGE CHEESE	CLAM CHOWDER			SANDWICH
DINNER ROLL		MUFFIN	GARLIC KNOTS			POTATO CHIPS

SPRING SUMMER MENU

WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10/1/2023	10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023	10/7/2023
			BREAKFAST			
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS	ASSORTED CEREALS
SCRAMBLED EGGS	SPANISH OMELET	SCRAMBLED EGGS	SCRAMBLED EGGS	FRENCH TOAST	SCRAMBLED EGGS	SCRAMBLED EGGS
SAUSAGE LINK	BUTTERED TOAST	BACON	BUTTERED TOAST	BACON	BUTTERED TOAST	SAUSAGE PATTY
BUTTERED TOAST		BUTTERED TOAST	HOME FRIES	WARM SYRUP		ENGLISH MUFFIN
			LUNCH			
HAM STEAK	SPAGHETTI WITH SWEET	BBQ CHICKEN THIGH	HOT DOG ON A ROLL	LEMON BUTTER CHICKEN	BAKED FISH	JERK PORK TENDERLOIN
BAKED SWEET POTATO	SAUSAGE MEAT SAUCE	BAKED POTATO	SAUERKRAUT	MASHED POTATOES	PARMESAN COUSCOUS	ROASTED RED POTATOES
SPINACH	GARLIC BREAD	PRINCE WILLIAM BLEND	BAKED BEANS	ZUCCHINI FRIES	CORN	ZUCCHINI & TOMATOES
KEY LIME PIE	TOSSED SALAD	STRAWBERRY SHORTCAK	CREAMY FRUIT CUP	JELLO CREAM PIE	ASSORTED COOKIES	BUTTERSCOTCH PUDDING
	PEARS	W/TOPPING		W/TOPPING		W/ TOPPING
			Alternate			
TURKEY SANDWICH	BAKED SALMON /W	TUNA SALAD PLATE	MONTE CRISTO	CARIBBEAN STEAK -	LIVER & ONIONS	SPANISH RICE
DILL PICKLE SPEAR	LEMON DILL SAUCE	ITALIAN GREEN BEAN SALAD	SPRING SALAD	SANDWICH w/		DINNER ROLL
POTATO CHIPS	FRIED POLENTA	COTTAGE CHEESE		PINEAPPLE SALSA		
		SWEET PICKLE CHIPS				
		DINNER ROLL				
			SUPPER			
SALISBURY STEAK	ROAST CHICKEN	STUFFED PEPPERS	CREAMY CUCUMBER	TURKEY SALAD PLATE	CHICKEN SPEIDIES	SAUSAGE PIZZA
GRAVY	GRAVY	ROASTED SQUASH MEDLEY	SALAD	DINNER ROLL	SWEET POTATO FRIES	TOSSED SALAD
MASHED POTATOES	OVEN BROWNED POTATOES	CHOCOLATE CHUNK	SMOTHERED HAMBURGER	CORN & SQUASH SOUP	RATATOUILLE SOUP	PEACHES
BUTTERED BEETS	CALIFORNIA BLEND	COOKIE	WITH ONIONS ON A BUN	MACARONI SALAD	FRUITED JELLO	
RASPBERRY DESSERT BAR	FRUIT		CRINKLE FRIES	CARROT CAKE	W/ TOPPING	
			WATERMELON			
			Alternate			
3 CHEESE QUICHE	PIEROGIS w/ONION, BACON	TROPICAL SLICED PORK	ROASTED CHICKEN	TACO CASSEROLE WITH	BERMUDA CRAB SANDWICH	ITALIAN MEAT TRIO
	& KEILBASA MEATBALLS	RICE	PEAR & FETA SALAD	SOUR CREAM & SALSA	SHREDDED LETTUCE &	SANDWICH
			DINNER ROLL		PICKLED CABBAGE	