

Sunday

Monday

Tuesday

Wednesday

Thursday




Friday

Saturday

SEPTEMBER 2023

NYS Veterans Home at Montrose

This month is... Self-Awareness and Improvement Month, Service Dog Month,

		<p>10:15 It Happened in September w/Ebony AD 10:30 Monthly Gazette w/ Karen EP 10:30 Men's Club w/ Joe EM 11:00 It Happened in September w/ Ebony BM 2:00 Music Appreciation EM 2:45 Art in Motion CR 3:30 Music w/Olga DP</p>	<p>2 Self-Awareness Saturday V-J Day 9:45 Commemorating V-J Day w/Karen DP 10:30 Commemorating V-J Day w/ Ebony AD 10:45 Commemorating V-J Day w/ Karen EP 11:00 Commemorating V-J Day w/Victoria BM 2:30 Bingo EM 3:30 Discuss & Recall: The Benefits Self Awareness & Self Care EM</p>			
<p>3 Amazing Escape Day 10:00 Room Visits w/Taryn AD 10:00 Music w/Olga DP 11:15 Concert Video EP 11:30 Room Visits w/Taryn BM 1:00 Music w/Olga AD 1:45 Movie Matinee: <i>Becoming Fredrick Douglass</i> EM 2:00 Room Visits w/Taryn EP 2:15 Music w/Olga BM 3:30 Music w/Olga EP</p>	<p>4 Labor Day 10:00 Music w/Olga AD 10:00 Finish the Lyric w/Taryn EP 10:30 Monday Mass EM 10:45 Room Visits w/Liz DP 11:15 Music w/Olga BM 11:15 Finish the Lyric w/ Taryn AD 2:30 Bingo EM</p> <p>Labor Day</p>	<p>5 9:30 Tuesday Torah EM 10:30 Morning Stretch EM 10:45 Coffee Social EM 2:30 Entertainment: Tom Dudley EM 4:45 Trivia w/Ron BM 6:45 Pokeno EM</p>	<p>6 10:00 Room Visits w/Cynthia AD 10:30 Wednesday Word EM 10:45 Musical Hour w/Liz DP 10:45 Documentary & Room Visits w/Taryn EP 11:15 Labor Day History w/Victoria BM 2:00 Patio Club CY 3:00 Manicures CR 4:45 Trivia w/Ron DP 6:45 Bingo EM</p>	<p>7 10:00 Room Visits w/Cynthia AD 10:15 Music w/Olga EP 10:30 Room Visits w/Liz DP 10:30 "Remembering Grandma Moses" w/ Karen EP 10:30 "Transforming Thursday" EM 2:15 Resident Council EM 4:45 Trivia w/ Ron AD 6:45 Pokeno EM</p>	<p>8 Star Trek Day 10:00 Pet Therapy w/Ebony, Alyssa & Patton AD 10:30 Sing-a-Long w/ Karen EP 10:30 Billiard Club w/ Joe DP 11:00 Star Trek Trivia w/Victoria BM 2:00 Movie Matinee: <i>Star Trek</i> EM 2:45 Art in Motion CR 3:30 Music w/Olga DP 6:45 Bingo EM</p>	<p>9 Shake Those Hips Day 9:45 Cognitive Games w/ Karen DP 10:30 Who Am I w/ Ebony AD 10:45 "Happy Cloud 9 Day" w/ Karen EP 11:00 Elvis Trivia w/Victoria BM 2:30 Bingo EM 3:30 Discuss & Recall: Elvis' Impact EM</p>
<p>10 Good News Day 10:00 Music w/Olga DP 10:30 Room Visits w/Liz DP 11:15 Concert Video EP 1:00 Music w/Olga AD 1:45 Movie Matinee: <i>Come from Away</i> EM 2:15 Music w/Olga BM 3:30 Music w/Olga EP</p> <p>Grandparents Day</p>	<p>11  Patriots' Day  10:00 Music w/Olga AD 10:00 Finish the Lyric w/Taryn EP 10:30 Monday Mass EM 10:45 Room Visits w/Liz DP 11:15 Music w/Olga BM 11:15 Finish the Lyric w/Taryn AD 2:30 Bingo EM 4:45 Trivia w/Ron AD 6:45 Bingo EM</p>	<p>12 9:30 Tuesday Torah EM 10:30 Morning Stretch EM 10:45 Coffee Social EM 2:30 Structured Games EM 4:45 Trivia w/Ron BM 6:45 Pokeno EM</p>	<p>13 10:00 Fishing Trip w/Joe 10:00 Room Visits w/Cynthia AD 10:30 Wednesday Word EM 10:45 Musical Hour w/Liz DP 10:45 Kickball and Music & Room Visits w/Taryn & Karen EP 11:15 Room Visits w/ Ebony BM 2:00 Patio Club CY 3:00 Manicures CR 4:45 Trivia w/Ron DP 6:45 Bingo EM</p>	<p>14 San Genaro Festival 10:00 Room Visits w/Cynthia AD 10:15 Music w/Olga EP 10:30 Room Visits w/Liz DP 10:30 Travel Program & Room Visits w/ Karen and Taryn EP 10:30 "Transforming Thursday" EM 2:00 NYSVHM Celebrates the San Genaro Festival w/Doug Ferony EM 4:45 Trivia w/Ron AD 6:45 Pokeno EM</p>	<p>15 10:00 Pet Therapy w/ Ebony, Alyssa & Patton BM 10:15 Travelogue AD 10:30 "Table Talk Tidbits" w/ Karen EP 10:30 Political Discussions w/ Joe EM 2:00 Music Appreciation EM 3:30 Music w/Olga DP 6:45 Bingo EM</p> <p>Rosh Hashanah Begins</p>	<p>16 Rosh Hashanah 10:30 Special Event: Violin Concert ft. Emeline Fried EM 2:30 Bingo EM 3:30 Discuss & Recall: All About Rosh Hashanah EM</p> <p>Oktoberfest Begins</p>
<p>17 10:00 Room Visits w/Taryn AD 10:00 Music w/Olga DP 10:30 Room Visits w/Liz DP 11:15 Concert Video EP 11:30 Room Visits w/Taryn BM 1:00 Music w/Olga AD 1:45 Movie Matinee: <i>Top Gun: Maverick</i> EM 2:00 Room Visits w/Taryn EP 2:15 Music w/Olga BM 3:30 Music w/Olga EP</p>	<p>18 Happy Birthday USAF! 10:00 Music w/Olga AD 10:00 Finish the Lyric w/Taryn EP 10:30 Monday Mass EM 10:45 Room Visits w/Liz DP 11:15 Music w/Olga BM 11:15 Finish the Lyric w/ Taryn AD 2:30 Bingo EM 4:45 Trivia w/Ron AD 6:45 Bingo EM</p>	<p>19 9:30 Tuesday Torah EM 10:30 Morning Stretch EM 10:45 Coffee Social EM 2:00 Movie Matinee: <i>A Man Called Otto</i> EM 4:45 Trivia w/Ron BM 6:45 Pokeno EM</p>	<p>20 NYSVHM Celebrates our 22nd Anniversary! POW/MIA Recognition Day 10:00 Room Visits w/Cynthia AD 10:00 High Holy Day Services w/Rabbi Kramer EM 10:45 Musical Hour w/Liz DP 10:45 Concert Video & Room Visits w/Taryn EP 11:15 All About USAF w/Victoria BM 2:00 NYSVHM Carnival EM 4:45 Trivia w/Ron DP 6:45 Bingo EM</p>	<p>21 World Gratitude Day 10:00 Room Visits w/Cynthia AD 10:15 Music w/Olga EP 10:30 Room Visits w/Liz DP 10:30 Humor Group & Room Visits w/Taryn & Karen EP 10:30 "Transforming Thursday" EM 2:00 Entertainment: Sean Fleming EM 4:45 Trivia w/Ron AD 6:45 Pokeno EM</p>	<p>22 10:00 Pet Therapy w/ Olga Alyssa & Patton DP 10:15 Travelogue AD 10:30 "Move & Groove" w/ Karen EP 10:30 Card Games w/ Joe EM 2:00 Music Appreciation EM 2:45 Art in Motion CR 3:30 Music w/Olga DP 6:45 Bingo EM</p>	<p>23 9:45 "Remembering Ray Charles & Mickey Rooney" w/ Karen DP 10:30 Cognitive Games w/Ebony AD 10:45 "Remembering Ray Charles & Mickey Rooney" w/ Karen EP 11:00 Table Talk Tidbits w/Victoria BM 2:30 Bingo EM 3:30 Discuss & Recall: Oktoberfest History EM</p> <p>Autumn Begins</p>
<p>24 10:00 Music w/Olga DP 10:30 Room Visits w/Liz DP 11:15 Concert Video EP 1:00 Music w/Olga AD 1:45 Movie Matinee: <i>80 For Brady</i> EM 2:15 Music w/Olga BM 3:30 Music w/Olga EP</p> <p>Yom Kippur Begins</p>	<p>25 Yom Kippur 10:00 Music w/Olga AD 10:30 Monday Mass EM 10:45 Room Visits w/Liz DP 11:15 Finish the Lyric w/ Cynthia AD 11:15 Music w/Olga BM 2:30 Bingo EM 4:45 Trivia w/Ron AD 6:45 Bingo EM</p>	<p>26 9:30 Tuesday Torah EM 10:30 Morning Stretch EM 10:45 Coffee Social EM 2:30 Structured Games EM 4:45 Trivia w/Ron BM 6:45 Pokeno EM</p>	<p>27 10:00 Fishing Trip w/Joe 10:00 Room Visits w/Cynthia AD 10:30 Wednesday Word EM 10:45 Musical Hour w/Liz DP 10:45 "True Tales of Presidential Childhoods" & Room Visits w/Karen EP 11:15 Humor Therapy w/Victoria BM 2:00 Patio Club CY 3:00 Manicures CR 4:45 Trivia w/Ron DP 6:45 Bingo EM</p>	<p>28 10:00 Room Visits w/Cynthia AD 10:15 Music w/Olga BM 10:30 Room Visits w/Liz DP 10:30 Cognitive Games & Room Visits w/ Karen EP 10:30 "Transforming Thursday" EM 2:30 Monthly Birthday Party w/Ron Fowler EM 4:45 Trivia w/ Ron AD 6:45 Pokeno EM</p>	<p>29 Good Neighbor Day 10:00 Pet Therapy w/ Karen, Alyssa & Patton EP 10:15 Travelogue w/Ebony AD 10:30 Men's Club w/ Joe EM 11:00 Good Neighbor Facts & Stories w/Victoria BM 2:00 Music Appreciation EM 2:45 Art in Motion CR 3:30 Music w/Olga DP 6:45 Bingo EM</p> <p>Sukkot Begins</p>	<p>30 9:45 Daily Chronicle / "This Day in History" w/ Karen DP 10:30 "Travel To..." AD 10:45 Daily Chronicle / "This Day in History" w/ Karen EP 11:00 September Trivia w/Victoria BM 2:00 Buffalo Soldiers Motorcycle Club</p>