You are not alone. Talk to someone who gets it.

83% of survivors report that their partner disrupted their employment or caused them to lose out on better employment opportunities*

Reach out to your domestic violence agency liaison (DVAL):

Mary Alice Loucks or Chelsey Franz
585-345-2074
415-345-2068
maryalice.loucks@nysvets.org
chelsey.franz@nysvets.org

Your DVAL can:
- Provide internal and community resources and referrals
- Develop a workplace safety plan
- Provide emotional support

NEW YORK STATE DOMESTIC AND SEXUAL VIOLENCE HOTLINE

TEXT. 844.997.2121
CALL. 800.942.6906
CHAT. OPDV.NY.GOV

FREE. CONFIDENTIAL. 24/7. AVAILABLE IN MOST LANGUAGES.