January 13, 2022

Visitation Update

Dear Resident / Family Member,

CMS and the Department of Health have lifted visitation restrictions for nursing homes. We expect everyone, visitors, residents and staff, to follow the Core Principles of COVID-19 Infection Prevention, especially in light of the uptick of COVID-19 in the community.

As part of our efforts to keep everyone safe, we must continue to work together to follow the Core Principles of COVID-19 Infection Prevention. These include:

1. Anyone who has a current positive COVID-19 test, symptoms of COVID-19, or meets the current criteria for quarantine will not be allowed to visit. We will continue to screen all visitors prior to entering.
2. Everyone must wear a face mask at all times while at the Home (covering mouth and nose). Surgical masks will be provided by the Home, as needed.
3. Other Personal Protective Equipment (PPE) may also be required to be worn by visitors, such as a face shield. These will be provided by Security, as needed.
4. Visitors must adhere to the signage throughout the Home which will include information about COVID-19 signs and symptoms, infection control precautions, and guidance on the use of face masks and other infection control related information.
5. High touch surfaces will be cleaned and disinfected frequently.
6. Staff will continue to use PPE as per guidelines.
7. Effective cohorting of residents (e.g., separate areas dedicated to COVID-19 care).
8. Resident and staff testing in accordance with guidelines.
9. Physical distancing of at least six feet between people.
10. All visitors are to walk directly to the resident’s room or designated visitation area and remain in that location until departure. Please refrain from visiting other residents. Upon departure, please walk directly to the lobby exit.
11. Visitors will be asked to maintain proper hand hygiene (use of alcohol-based hand rub).
12. Resident and staff testing in accordance with guidelines.

In addition, residents currently on transmission-based precautions (TBP) or quarantine can still receive visitors. Due to the risk of transmission, visitors must follow the signs on the resident room doors, and:

1. Be aware that there exists the potential risk of being exposed to the virus during the visit;
2. The resident should wear a well-fitting facemask (if tolerated), and
3. The Home may require use of other appropriate PPE, if available, for the visit.
**Visitation Process**

1. When you come into the Home to visit, check in at the Security Desk and go directly to the resident’s room or the designated visitation area. Do not walk around the hallways or different common areas of the Home.

2. Visitors should always wear face coverings or masks when around other residents or health care personnel, regardless of vaccination status.

**Visitation During an Outbreak Investigation**

An outbreak investigation begins when a new nursing home onset of COVID-19 occurs – meaning a new case of COVID-19 among residents or staff. Visitors will be informed via the Home’s website and/or posted signs. While it is safer not to enter the Home during an outbreak investigation, you are permitted to visit and must adhere to the core principles of infection prevention. If you choose to visit during an outbreak investigation period, you will be required to wear a face mask (and face shield, if required) during visits, regardless of vaccination status and visits will take place in the resident’s room as per guidelines.

**Outdoor Visitation**

Outdoor visitation will be available for those individuals preferring to be outside.

**Vaccination Status**

If you are unvaccinated, we strongly recommend that you reconsider getting vaccinated and boosted. The data shows that vaccinated people are protected from severe illness and death from COVID-19. Unvaccinated persons are at the greatest risk of severe illness, hospitalization, and death. In fact, most hospitalizations and death from COVID-19 are happening among those who are unvaccinated.

**Testing**

As per DOH regulation you will be required to provide evidence of Testing by PCR two days before your visit or by Antigen one day before your visit. If you do not have one, the facility will provide you with an antigen test before you visit your loved one.

**Risks**

There are still risks associated with visitation and COVID-19. However, these risks are reduced by adhering to the core principles of COVID-19 infection prevention. If a visitor, resident, or their representative is aware of the risks associated with visitation, and the visit occurs in a manner that does not place other residents at risk (e.g., in the resident’s room), the resident will be allowed to receive visitors as he/she chooses.

Residents may deny or withdraw consent for a visit at any time.

Thank you for working together with us for the safety of your loved ones and our staff.

Very Respectfully yours,

*Nancy Baa-Danso*

Nancy Baa-Danso, RN, BSN, MPH, LNHA
Administrator
NYS Veterans’ Home at Montrose
Albany Post Road, Montrose, NY 10548