



September 17, 2021

Coronavirus (COVID-19) Update

Dear Resident / Representative:

This letter is to provide you with an update on the status of the Veterans Home's efforts to prevent the spread of the coronavirus. The safety and wellbeing of all residents is our top priority. The Infection Prevention and Control Committee continues to meet at least weekly to review new federal and state guidance and work closely with the county, regional, and state health department contacts.

We have had three new staff positive case this past week. A total of forty-seven residents have tested positive since testing started. Seventy-three staff have tested positive or presumptive positive since testing became readily available. Oak Neighborhood residents are on quarantine until September 24th and visits are limited to compassionate care or end-of-life visits.

Unvaccinated staff and residents are still able to be vaccinated at the Veterans Home. Vaccination clinics are being held weekly and we strongly encourage everyone to be vaccinated as soon as possible.

The guidance for residents quarantining after going out on furlough has been revised, so we have created a form explaining this. It is attached and must be reviewed and signed each time before going out.

We have also updated our Visitor Fact Sheet describing what is allowed during visits. It is also being sent to you along with this letter. Please review the requirements and rules guiding resident visitation.

As always, please contact your Social Worker for further assistance.

Best regards,

Kurt D. Apthorpe

Kurt D. Apthorpe, MBA, LNHA, CNHA

Administrator

NYS Veterans' Home

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Residents who Leave the Home (Go out on Furlough)

~Please adhere to the CDC's recommended Infection Prevention and Control Practices while you are away from the Home, which include, but are not limited to:

- Washing hands thoroughly for 20 or more seconds when soiled
- Using hand-sanitizer after touching a non-sterilized surface
- Physical distancing of at least six feet whenever possible
- Having NO contact with an individual who is sick or has symptoms of COVID-19, such as a sore throat, coughing or sneezing and unexplained weakness, fatigue, nausea, vomiting or diarrhea.

Please note:

~In most circumstances, quarantine is not recommended for **unvaccinated** residents who leave the facility for **less than 24 hours** (e.g., for medical appointments, community outings with family or friends) and **do NOT** have close contact with someone with COVID-19 infection during a furlough. If exposed to COVID-19, a 14-day quarantine will be initiated.

~ Fully vaccinated residents and residents within 90 days of a COVID-19 infection **do NOT** need to be placed in quarantine following a furlough of any length, unless the resident develops symptoms consistent with the coronavirus. In that case, quarantine is likely.

If you are exposed to someone who is experiencing any symptoms or is positive for COVID-19, or if you begin to experience symptoms, return to the Home immediately for a COVID-19 evaluation. Please call Security prior to your unexpected return: 607-843-3100.

My signature indicates my understanding that I am to follow the CDC's Infection Prevention and Control Practices while on furlough:

X _____
Resident Signature Date

X _____
Responsible Party Signature Date

Print Name Telephone / Cellular Number

Enjoy your visit!

New York State Veterans' Home at Oxford

COVID-19 VISITOR FACT SHEET

The Veterans Home's mission and goal are always to keep residents, their loved ones, and the staff safe from infectious diseases. It is important that guidelines are followed to ensure the COVID-19 virus does not spread. Visitors, who are unable to adhere to the Home's requirements, will not be permitted to visit or will be asked to leave. At any time that the Home determines there would be a concern for you or your loved one's safety, the Home has the right to immediately intervene and stop the visit.

The Novel Coronavirus (COVID-19) is a respiratory illness. People who are infected but do not show symptoms can spread the virus to others. It is possible that the virus may spread through the droplets and airborne particles that are formed when a person who has COVID-19 coughs, sneezes, talks, or breathes. Droplets can also land on surfaces and objects and be transferred by touch. A person may get COVID-19 by touching the surface or object that has the virus on it and then touching their own mouth, nose, or eyes.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. The most common signs and symptoms consistent with COVID-19 are: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. **Please do not visit if you have any of these symptoms.**

This list does not include all possible symptoms, so please visit the Centers for Disease Control and Prevention (CDC) or the New York State Department of Health (DOH) websites for the latest information:

CDC: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

DOH: <https://coronavirus.health.ny.gov/home>

Visits

1. All in-person visits must be set up by the Social Work Department and at least 24-hour advanced notice of a request to visit is required for Tuesday thru Friday visits. Visits on the Saturday, Sunday and Monday must be arranged by 2:00pm Friday. Exceptions may be granted for end-of-life visits.
2. The Home may limit the number of total visitors in the Home at any given time based on the ability to safely monitor everyone, so be prepared to come in at another time or leave if requested to give others the opportunity to have a visit.
3. Window and virtual (video chat / Zoom) visits must be arranged through the Recreation Therapy Department. At least 24-hours' advance notice also required for Tuesday thru Friday video chats. Saturday, Sunday and Monday must be arranged by 2:00pm Friday.
4. Contact information for scheduling visits is as follows:
In-person Visits: The Social Work Department ...**(607) 843 - 3123**

Window and Virtual / Video Assisted Visits:

The Recreation Department ...(607) 843 - 3177

5. If there is a change in the schedule, we will attempt to contact visitors prior to the visit whenever possible.
6. When visitors call to schedule an in-person visit, visitors may be asked for proof of vaccination.
7. If requiring receipt of a visitor's vaccination status, a sticker will be provided and must be worn with the visitor ID badge.

Indoor Visitation

8. Indoor visitation will be allowed at all times (as can be safely managed by the Home) and for all residents (regardless of vaccination status), except for a few circumstances when visitation should be limited due to a substantial risk of COVID-19 transmission (exception - compassionate care visits will be permitted at all times). These scenarios include limiting indoor visitation for:
 - a. Residents with confirmed COVID-19 infection, whether vaccinated or unvaccinated, until they have met the criteria to discontinue Transmission-Based Precautions, OR
 - b. Residents in quarantine, whether vaccinated or unvaccinated, until they have met the criteria for release from quarantine.

Residents on Quarantine

9. Residents who are on transmission-based quarantine precautions for COVID-19 shall only receive visits that are virtual, through windows, or in-person for compassionate care or end-of-life situations, with adherence to transmission-based precautions. This restriction shall be lifted once transmission-based precautions are no longer required per CDC guidelines and other visits may be conducted as described in the Home's plan. Every effort will be made to accommodate alternative visitations such as using video chatting (FaceTime) or window visits for residents who are ineligible to receive a visitor.

Indoor Visitation During an Outbreak

10. An outbreak exists when there is a new nursing home onset of COVID-19 (such as a new COVID-19 case among residents or staff). When a new case of COVID-19 among residents or staff is identified, the Home will immediately begin outbreak testing and suspend all visitation (except for compassionate care and end-of-life visits), until at least one round of facility-wide testing is completed. If additional criteria are met, visitation may resume for non-affected neighborhoods.
11. Visitation can still occur when there is an outbreak but only if specific procedures are followed. If there is a positive resident or staff case, the Home will notify residents and their representatives to explain the updated process.
12. If subsequent rounds of outbreak testing identify one or more additional COVID-19 cases in other neighborhoods, then visitation may be suspended for more or all residents (vaccinated and unvaccinated), until the Home meets the criteria to discontinue this suspension. Compassionate care and end-of-life visits may continue regardless of outbreak status.

Outside Visitation

13. Visitation shall be offered in outdoor areas, weather permitting, and under certain circumstances it will occur in the Auditorium, which is a well-ventilated space.
14. We strongly encourage having visits outside. Designated locations for outside visits have been established and these areas will be assigned by the Social Work Department when a visit is scheduled. Please do not take a resident outside without first checking with the Social Work Department.

Visit Priority

15. Visitation priority will be given to residents who have not had visitors and residents at end-of-life or critical compassionate care needs to ensure all residents have ample opportunity to visit with their loved ones.
16. Visitors include, but not limited to, family members, loved ones identified and approved by the resident and/or health care proxy, representatives from the long-term care ombudsman program (LTCOP), and resident advocacy organizations.

Other Resources

17. The Home will provide headphones and microphones, iPads, and/or computer tablets for use by residents and visitors to enable communication and to also allow for an adequate degree of privacy. These devices will be cleaned and disinfected between uses by assigned staff.

Testing

18. Visitor COVID-19 testing is strongly encouraged but not required. The Home will provide rapid antigen testing upon written consent for the test. Visitors with a positive test result from a PCR or rapid antigen test will not be allowed to visit.

Screening

19. Visitor(s) will arrive at the Home and will be screened and tested by a designated staff member before they will be allowed to visit with the resident. We strongly recommend that unvaccinated visitors get tested.
20. Screening consists of a temperature check and asking screening questions to assess signs and symptoms of and potential exposure to COVID-19.
21. Visitors tested and screened prior to resident access and visitation will be refused if they have a positive test, exhibit any COVID-19 symptoms, or do not pass the screening questions.
22. If any visitor fails any part of the screening process (both temperature and questions), Security will notify the Infection Preventionist Nurse or designated nurse supervisor, who will advise the visitor that they must leave and may re-schedule their visit when they have resolved the reason for the failed screening. The assigned Social Work staff will also be notified who will let the resident know as well.

23. Visitors will be required to provide demographic information about themselves such as full name, street address and telephone number. This is to assist with contact tracing in the event COVID-19 is identified following the visit.
24. Once the visitor is cleared, Security will ensure the visitor(s) have an appropriate face covering on and sanitize their hands prior to being directed to the designated visitation area. Security will direct the visitor(s) to the assigned area or resident room.
25. Please speak with Security if you have any questions.

Other Visitor Guidelines

26. Visitor movement will be limited while in the Home, including limiting visitors from walking around different halls of the Home. Visitors must go directly to the resident's room or designated visitation area. Visitors must remain in the designated area during the visit and leave at the end of the visit. Visitors are not allowed to deviate from their assigned visit location.
27. Two visitors will be allowed in a resident room at any one time. More than two visitors at a time will be considered on a case-by-case basis and those visitations will be scheduled in the auditorium or other designated location to allow for appropriate social distancing.
28. Visitors under the age of 16 must be accompanied by an adult 18 years of age or older. Babies and toddlers must remain with the adult and will not be counted as a separate visitor.
29. Pets are allowed but must be screened by Security and provide updated veterinary records.
30. If the resident is fully vaccinated, they can choose to have close contact (including touch) with their visitor but are requested to continue to wear a face mask and performing hand-hygiene before and after.
31. Visitors should remain physically distanced from other residents and staff.
32. Visitors are not allowed to eat food and drink beverages while visiting.
33. A face mask must also be worn while sitting outside the Home.
34. A mask must be worn while moving through the Home, regardless of vaccination status.
35. Adequate Personal Protective Equipment, such as face masks, will be available at the front entrance and the visiting areas for both visitors and residents. Any staff member can aid.
36. Both residents and visitors will be expected to use 60% alcohol-based products for hand sanitizing. This is available at the main entrance and throughout the Home. Please speak with any staff member if you are unable to locate hand sanitizer.